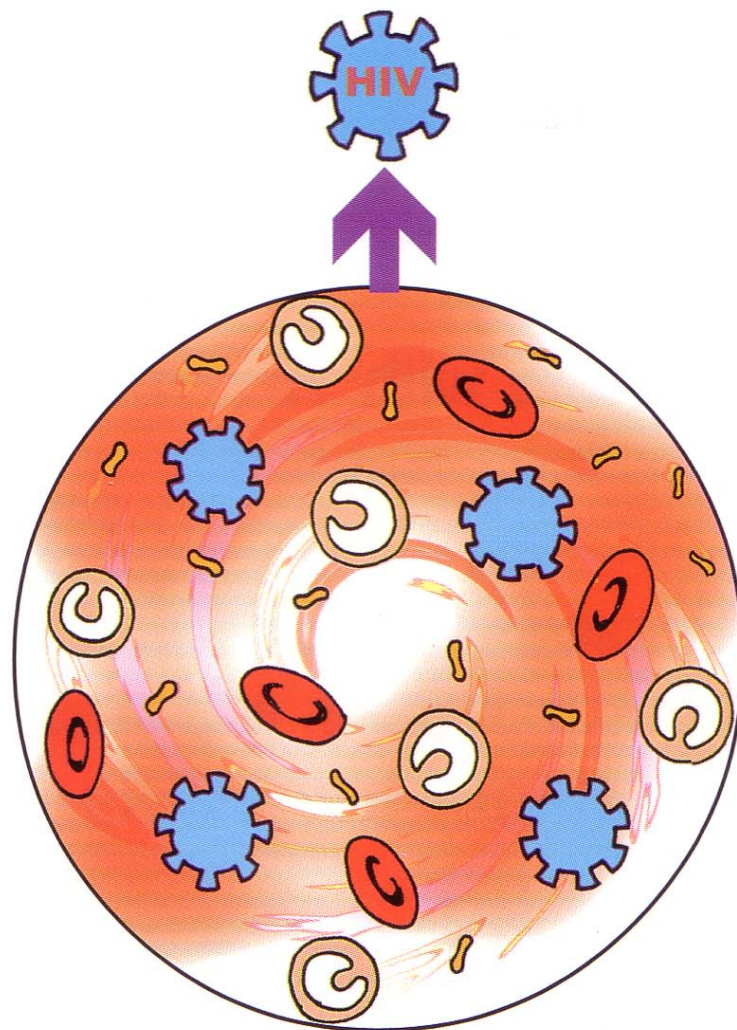




SEXUAL HEALTH and HIV/AIDS



BLOOD



YOU CAN'T GET HIV/AIDS FROM...



Kissing



Hugging



Toilet seats



Cutlery or food



Insects or pets



Swimming pools



Blood transfusion
in Australia

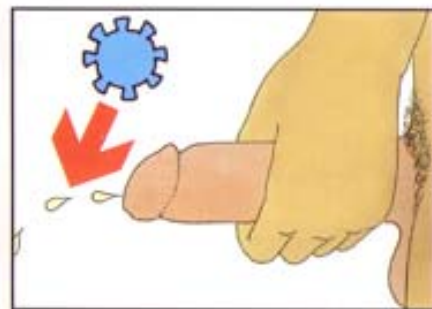


Baths or towels

Anyone - you, me,
straight, gay, bisexual,
young or old,
child or adult
CAN GET HIV/AIDS

How?

The only way to get HIV is by getting blood, semen, or vaginal fluid into your body.



HIV CAN
BE FOUND
IN SEMEN
OR



VAGINAL
FLUID
OR

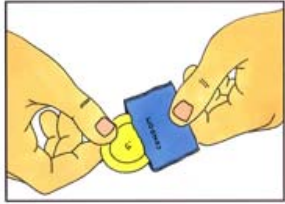


BLOOD

HOW TO STOP GETTING HIV

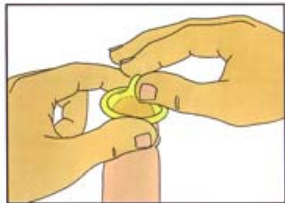


FOLLOW THESE SIMPLE STEPS



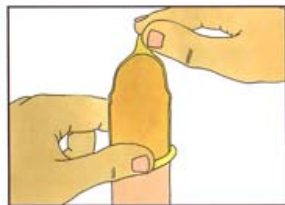
1

Take the condom out of the packet



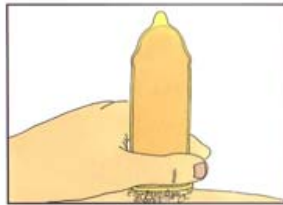
2

Squeeze the air out of the tip



3

Roll the condom onto the hard penis



4

All the way down



5

Squeeze some lube out of the tube



6

Put lube on the outside of the condom



7

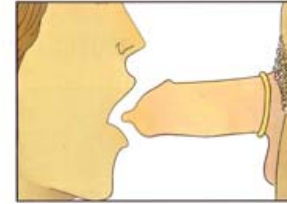
Use a condom for safer vaginal sex



8

Use a condom for safer anal sex

SAFER ORAL SEX



Use a condom for safer oral sex



Use a dental dam for safer anal-oral sex



Use a dental dam for safer vaginal-oral sex

What is HIV?

Human = Body/person
Immuno-deficiency = Body defence gets weak
Virus = Germs

What is AIDS?

Acquired = Get
Immune = Body fights against illness
Deficiency = Body becomes too weak
Syndrome = A group of illnesses

When you have **AIDS** it means that your body will become too weak to fight against illnesses and you may die.

AIDS comes from the virus called **HIV**.

WHERE TO GET HELP

secca (sexuality education counselling & consultancy agency)
 2 Delhi Street, West Perth
 Telephone: 9420 7226

WA AIDS Council
 664 Murray Street, West Perth
 Telephone: 9482 0000

FPWA (Family Planning WA)
 70 Roe Street, Northbridge
 Telephone: 9227 6177 (Toll Free: 1800 198 205)

Fremantle Hospital B2 Clinic
 Alma Street, Fremantle
 Telephone: 9431 2149

Royal Perth Hospital Sexual Health Clinic
 197 Wellington Street, Perth
 Telephone: 9224 2178

Derbarl Yerrigan Health Service
 156 Wittenoom Street, East Perth
 Telephone: 9421 3888