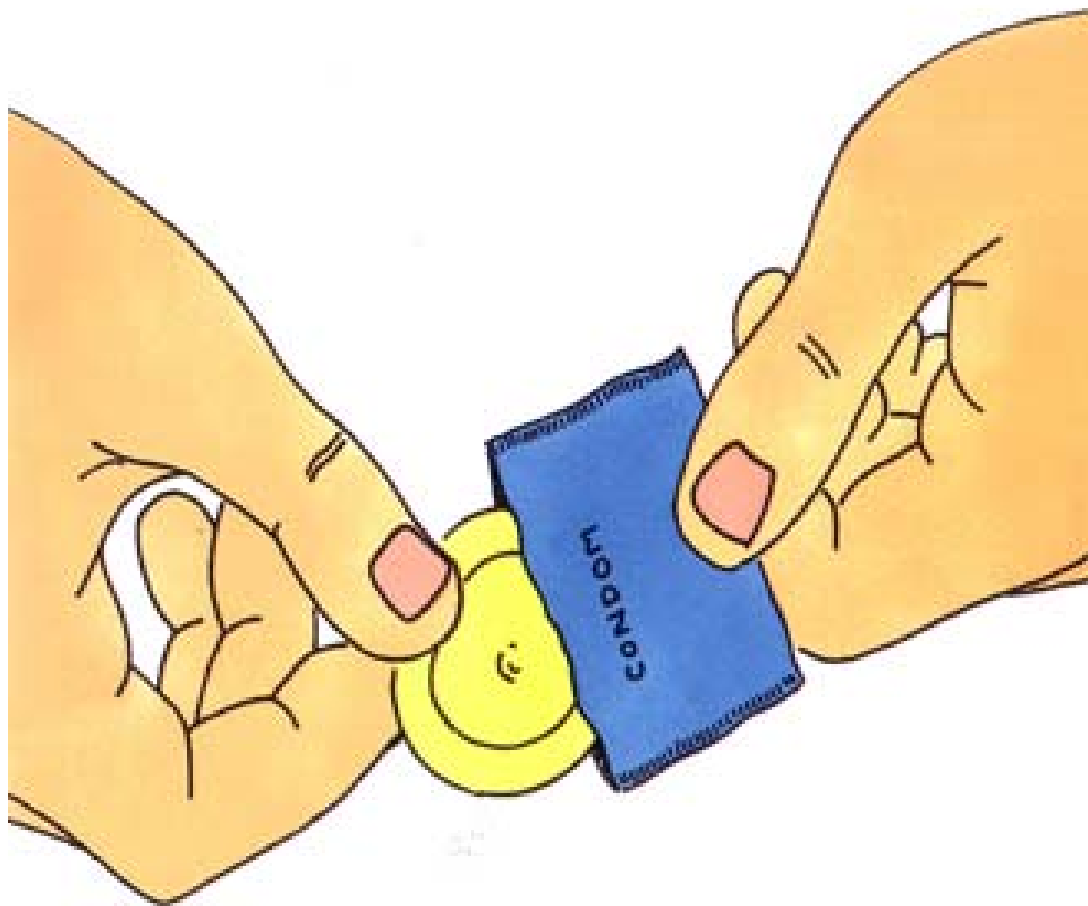




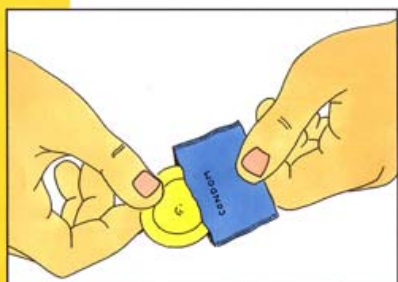
secca

SAFER SEX and CONDOMS





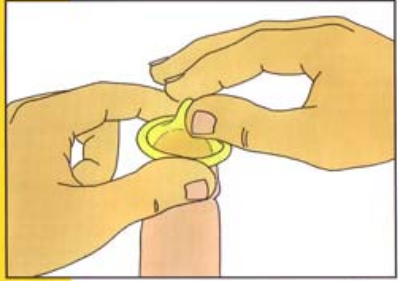
1 Before sex, have lube and condoms ready



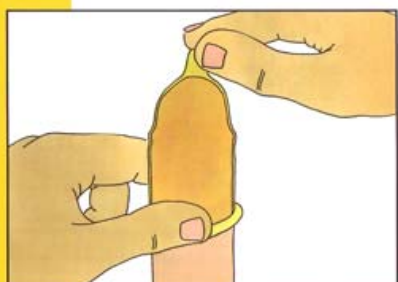
2 Open the packet and take the condom out



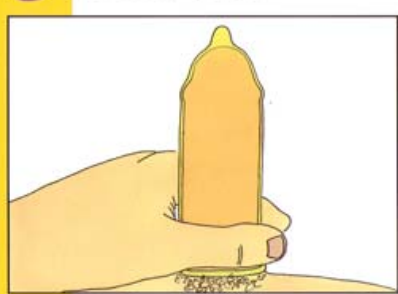
3 Check the condom unrolls the right way



4 Squeeze the air out of the tip



5 Roll the condom onto the hard penis



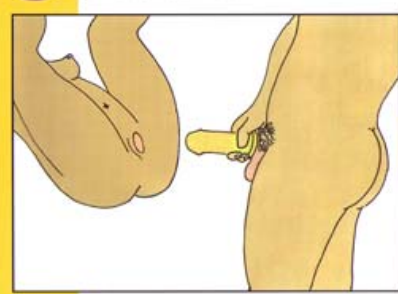
6 All the way down



7 Squeeze some lube out of the tube



8 Put lube on the outside of the condom



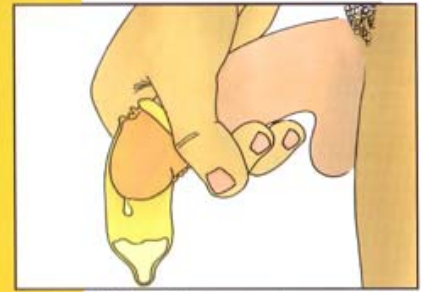
9 Leave the condom on during vaginal sex



10 OR Leave the condom on during anal sex

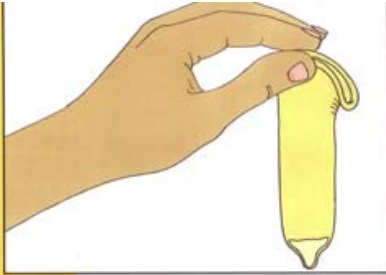


11 Hold the condom as you pull out the penis



12 Slide the condom off the penis

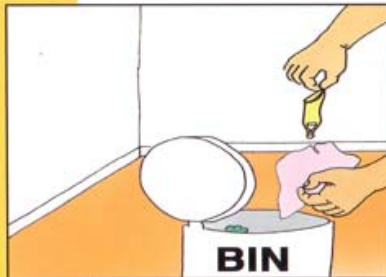




13 Hold the condom so it doesn't spill



14 Use a cloth or tissue to clean up



15 Wrap the condom and put it in the bin

IF YOU ARE GOING TO HAVE SEX...



1. Make sure that you and your partner both want to have sex.
It's **OK TO SAY NO** if you don't want to have sex.
2. Using a **CONDOM** is safer sex.
3. Use a **NEW** condom every time.

WHY USE CONDOMS?



1. To **STOP** getting HIV and sex diseases.
2. To **STOP** a woman getting pregnant.

CAN I PRACTISE USING CONDOMS?



1. Yes, you can.
2. Yes, ask someone you trust to show you how.
3. If you are a man, practise putting a condom on your penis.

WHERE TO GET HELP

secca (sexuality education counselling & consultancy agency)
2 Delhi Street, West Perth
Telephone: 9420 7226

WA AIDS Council
664 Murray Street, West Perth
Telephone: 9482 0000

FPWA (Family Planning WA)
70 Roe Street, Northbridge
Telephone: 9227 6177 (Toll Free: 1800 198 205)

Fremantle Hospital B2 Clinic
Alma Street, Fremantle
Telephone: 9431 2149

Royal Perth Hospital Sexual Health Clinic
197 Wellington Street, Perth
Telephone: 9224 2178

Derbarl Yerrigan Health Service
156 Wittenoom Street, East Perth
Telephone: 9421 3888

Developed by *secca*, with support from the Sexual Health and Blood-borne Virus Program, Department of Health
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