



 Annual Story
2018–2019



About

- 03 About SECCA
- 04 Mission, purpose and values
- 08 Chair's report
- 32 NDIS transition
- 37 Looking forward
- 38 Meet the team
- 40 Manager's report
- 42 Financials

Accomplishments

- 11 Sexuality, Relationships and Your Rights
- 14 SECCA App

Services

- 17 Counselling
- 26 Education
- 28 Consultancy

Case studies

- 06 SECCA's prevention model vs crisis intervention
- 20 Beth
- 22 John
- 24 Evie
- 30 Consultancy and advisory services

We believe that sexuality is about people's perception of themselves and how they relate to one another. It is about connecting to one another in a respectful and responsible way.



About SECCA

SECCA has been providing services to people with disability, their families and their significant others for 27 years, and knows that teaching people about relationships and sexuality in a safe and supportive environment reduces sexual assault, sexual violence and domestic violence.

We believe that sexuality is about people's perception of themselves and how they relate to one another. It is about connecting to one another in a respectful and responsible way. We are aware that people who have a disability frequently have a disproportionate emphasis placed on their disability. This may be as a result of associated medical or behavioural issues. One of SECCA's primary roles is to assist individuals reverse erroneous self-perception and develop a more positive self-image. This is done while providing accurate and appropriate information about sexuality and relationships. Our professional and community development workshops provide an opportunity for people who work in the disability sector to increase their knowledge, raise their awareness, and change attitudes and behaviours.

SECCA strongly supports recommendations from the Royal Commission into Institutional Responses to Child Sexual Abuse that advocated for social marketing campaigns to raise general community awareness and increase knowledge of child sexual abuse, to change attitudes and behaviour relating to such abuse and to promote and direct people to related prevention initiatives, information and help-seeking services. (6.1(a)) And, that mandatory comprehensive sexuality education be delivered through pre-school, school and other community institutional settings that aims to increase children's knowledge of child sexual abuse and build practical skills to assist in strengthening self-protective skills and strategies. That the education should be integrated into existing school curricula and link with related areas such as respectful relationships education and sexuality education. (6.1(b))



Our mission

SECCA's mission is to provide a tailored, flexible and responsive service to people with disabilities, their family, carers and others around issues of sexuality, relationships and sexual health.

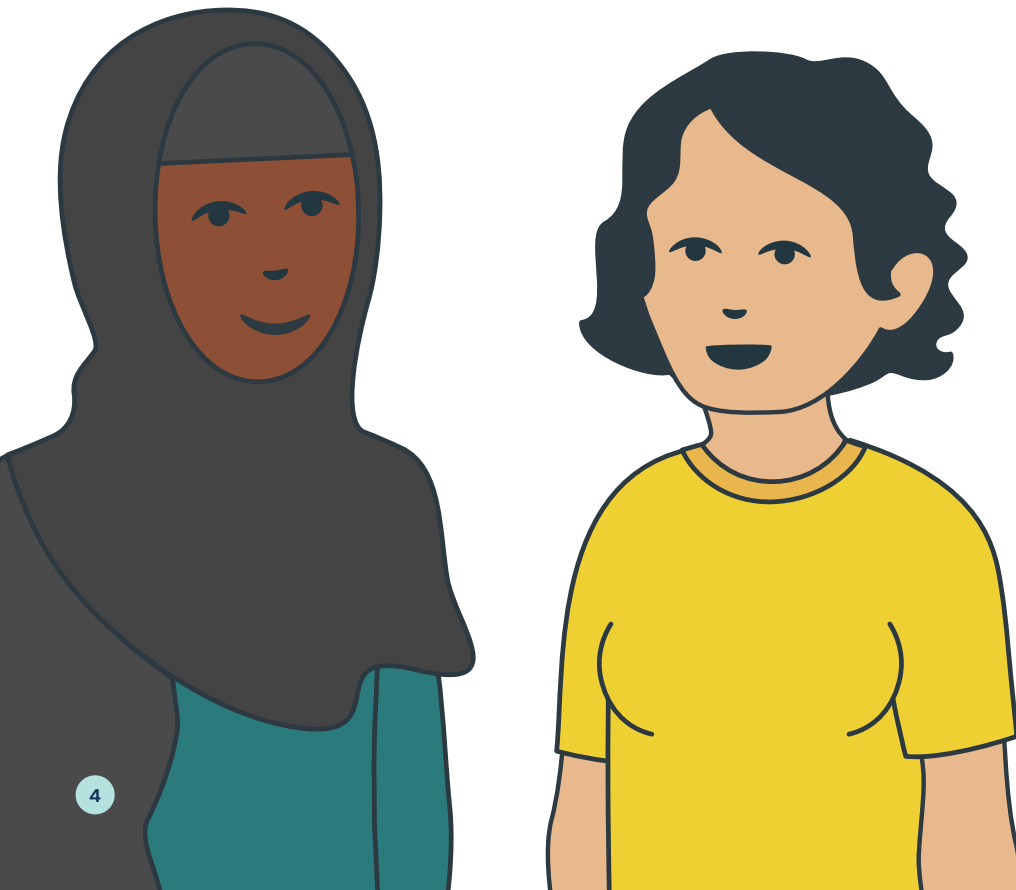
Our purpose

SECCA exists to support people of all ages who have disabilities to learn about human relationships, sexuality and sexual health, and make informed choices, acknowledging individual capacity to enhance the quality of their lives.

Our values

SECCA upholds these values for our own organisation, for our clients, and for the community we serve.

- Quality, rights-based practice
- Respect, equity and equality
- Engendering trust and mutually-respectful relationships
- Effecting change/making a difference
- Accountability, transparency and integrity
- Self determination
- Collaboration
- Diversity
- Social justice



SECCA's prevention model vs crisis intervention

How SECCA's services can help to reduce the incidence of abuse and the number of people with disability ending up in correctional facilities.



¹hrw.org/report/2018/02/06/i-needed-help-instead-i-was-punished/abuse-and-neglect-prisoners-disabilities

²aifs.gov.au/publications/sexual-assault-and-adults-disability/prevalence-sexual-assault-adults-disabilities

SECCA has completed an exceptional year as we transition from block funded service delivery to NDIS individualised funding. SECCA's transition to the NDIS has been greatly assisted by the Transition Funding from the Department of Communities (DoC).

We are extremely grateful for the support provided. Funding has been used to solidify SECCA's business, operational and financial position through the transition. Commercial acumen is not traditionally a strength within not-for-profit agencies³, and the transition to the NDIS model has forced organisations like SECCA to develop a strong mission focus and commercial sagacity.

A focus on profitability and cash flow management was required in the move from block funding to NDIS individual transaction based funding. Through this business transformation process, SECCA has been acutely aware of this need and has successfully managed necessary transitions. The Transition Funding from DoC allowed us to employ the services of a business consultant (Little Ray of Sunshine) who navigated us through this change of business model. The outcomes of this project are:

- A complete review of business, operational and financial models.
- Revision of financial reporting and fee structures to reflect an individualised service model.
- Implementation of a new practice management system to streamline internal processes.
- Employment of a part-time practice manager to oversee HR, Systems, IT and Financials.
- Support for staff moving to a transaction based operating model.
- Trialling of a regional counselling service, making counselling services available in Bunbury one day per fortnight.

SECCA's reputation for producing quality, relevant resources about sexual expression and sexual health for individuals, families and professionals has continued, and we proudly launched the new edition of the Sexuality and Your Rights Booklet in June. The production of this magnificent booklet was made possible by an Information, Linkages and Capacity Building (ILC) Grant from Department of Communities. It was developed

³dcaadvisory.com.au/the-need-for-commercial-acumen

in partnership with 14 community organisations in the disability, justice and sexuality fields, and is available free of charge. Our thanks to Media on Mars for their expertise and assistance with the development of illustrations and compilation of this booklet.

SECCA successfully obtained grants to continue our work with schools. We are now planning to conduct Protective Behaviours training with education support centre staff on the use of the SECCA App with students. We are also developing instructional videos to assist teachers using the app.

The Royal Commission into Violence, Abuse, Neglect and Exploitation of People with a Disability was announced by the Federal Government in April, 2019. SECCA applauds this action by the government. Our agency is acutely aware of the over-representation of people who have a disability in the statistics of violence, abuse, neglect and exploitation. We are well-positioned to provide support services for individuals who have experienced this.

The accomplishments over the last 12 months would not have been possible without the hard work and dedication of SECCA staff. I would like to thank Juana Terpou for her sensitive and diligent management of service provision. Her determination to support our clients is unwavering. My thanks also to Rebecca Hall, Practice Manager, who navigated the Transition Project to identify and implement systems, making SECCA's transition to new business and financial models as seamless as possible.

SECCA has had an enormous year of transformation and, as a result, is in a strong position for the year ahead. We would like to acknowledge the support provided by the Department of Communities and Department of Health.

I would also like to acknowledge the work and support of SECCA's voluntary Board of Management. Their wise counsel has been invaluable and their contribution to SECCA's existence immeasurable. Without their votes and efforts at crucial times, we would not have attained the outcomes we did. It is a reminder of how important active representation of the Board of Management is for not-for-profit, non-government organisations like SECCA.

Suzanne Paust
Chair

Accomplishments

Sexuality, Relationships and Your Rights

SECCA App



Sexuality, Relationships and Your Rights

In March 2018 SECCA was granted an ILC Grant from the Department of Communities to update the Sexuality and Your Rights resource, originally developed in 2002. In keeping with SECCA's goal to ensure resources are current, it required updating to reflect the significant social and legal changes that have occurred in Western Australia during the past 16 years.

To ensure that the updated resource was relevant and useful, SECCA consulted with 14 community organisations in the disability, justice and sexuality fields. This led to a number of new sections being added to the resource, including dating, sex work, internet safety, sexting, gender identity and pornography.

This much-needed resource covering sexuality, relationships and rights for people who have a disability is:

- Inclusive of varied learning needs, gender identities and relationships through its custom-designed illustrations.
- An easy way for people to learn about or teach traditionally complex topics using a combination of simple language and image sequences.
- Inclusive of Aboriginal people and people of culturally and linguistically diverse backgrounds.
- Written from a human rights based perspective in line with the World Association for Sexual Health's list of sexual rights and Western Australian law.

We were excited to launch our newly-updated resource at the annual SECCA Open Day in June. The Open Day was attended by 60 people, with 26 organisations represented. We thank Samantha Jenkinson from People with Disabilities WA, Jessica Baynes from Legal Aid, Gillian Lawson from Office of the Public Advocate, and two police officers from the Community Engagement Division, who were part of our panel discussion on the day.

The resource has seen an overwhelming demand from all community members and sectors. We are delighted that over 50% of the initial 3000 hard copy resources were given out within the first 3 months of its launch. Additionally, over 300 people have accessed the resource through the free downloadable option on the website. SECCA have also connected with organisations in every region of WA to ensure the resource is available throughout the state.

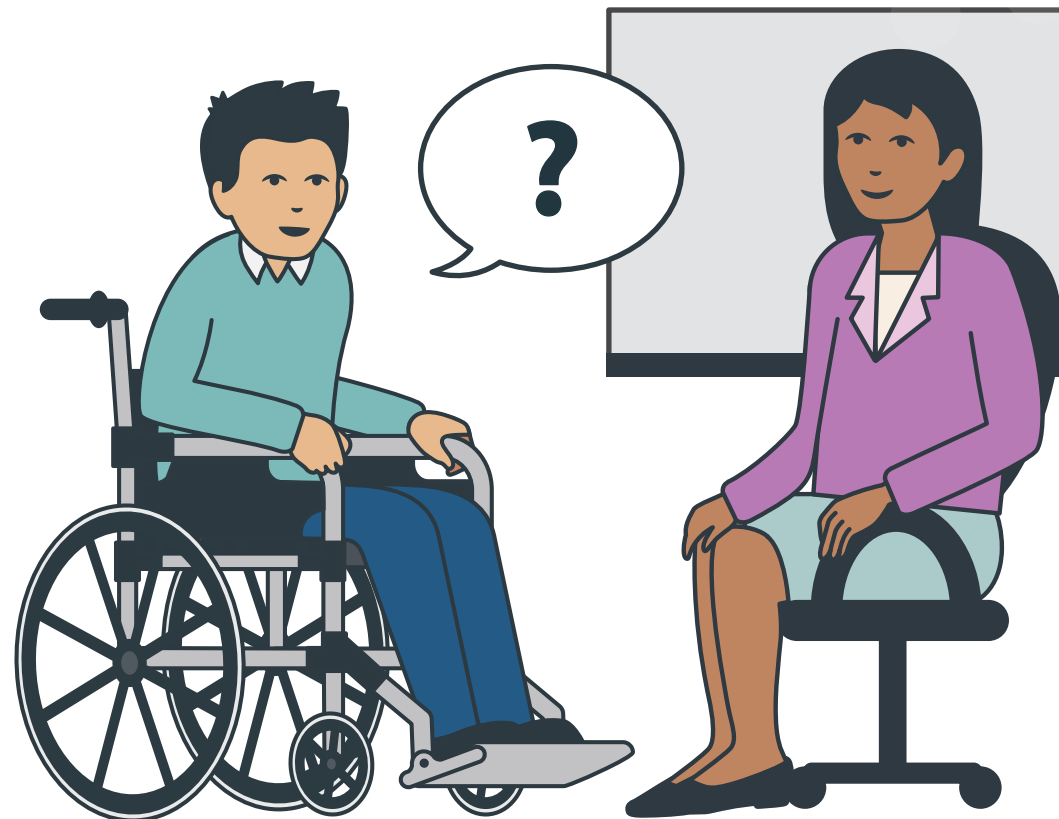
Here is some of the highly positive feedback we have received in this short period:

1. 'Made it very easy to talk about sensitive subjects that we would not usually talk about.'
2. 'Images were amazing – helped so much to explain the topic in a clear, straightforward manner. Really well laid-out, great range of topics.'
3. 'Addressed topics/concepts that are missing/assumed knowledge with other, more mainstream, resources.'
4. 'I find it to be an essential special needs resource.'

SECCA is committed to ensuring that this valuable resource is available in the future, and will seek funding to reprint in the coming year.

People with intellectual disabilities are 11 times more likely to be the victims of sexual assault.

aifs.gov.au/publications/sexual-assault-and-adults-disability/prevalence-sexual-assault-adults-disabilities



SECCA App

Interest in the SECCA App continues to grow. This year we have run several workshops to train users, the number of which has increased considerably. This support demonstrates that the app is a resource the disability sector has been lacking, and we intend to continue development to reflect current educational requirements as new socio-sexual education needs are identified.

We have engaged with users to obtain feedback, which will assist SECCA with future development of the app, and to understand the training needs of users. We have several projects in the upcoming year to support users of the app, and to train educators. Our aim is for these projects to increase awareness and use of the app. We know human relationships and sexuality education for people who have a disability is vital, and this resource provides assistance in this process across urban and rural Australia.

We are also working with community, disability, and education service providers to see how the app can be adapted and used more broadly. We feel this valuable resource has potential benefits for facilitating comprehensive sexuality and relationship education across a wide range of audiences and locations, including:

- People from CALD (Culturally and Linguistically Diverse) backgrounds
- Aboriginal and Torres Strait Islander people
- People in remote and regional locations

1,115

Number of users



Use of the app 2018/19

Our school continues to expand the number of staff trained to use your app. I feel that by SECCA doing the training, the important little points (e.g. emphasis on privacy) are not missed.

Health Teacher ESC

Services

Counselling



Education

Consultancy



Counselling

SECCA provides specialist counselling and education in the area of human relationships and sexuality to people who have a disability, their family, and significant carers.

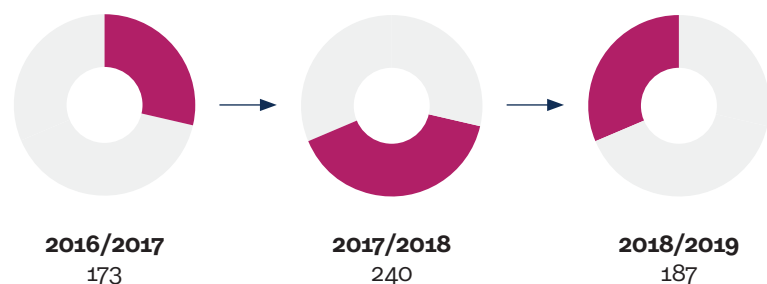
As counselling is one of our core services, we are committed to advocating on behalf of our clients to ensure they receive high quality services by specialist staff at SECCA.

All of our therapists (counsellors) are tertiary-trained, have extensive experience in both sexuality and disability issues, and abide by a strict ethical code. Counselling is conducted on a one-on-one basis, allowing the counsellor to tailor-make sessions to suit the needs, age, and ability of the individual.

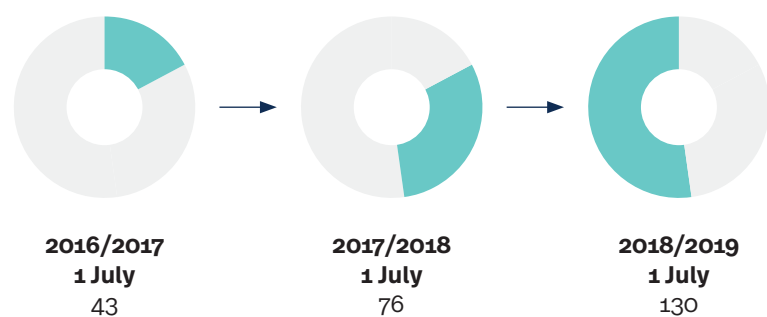
A psychosocial therapeutic approach underpins our counselling service. Psychosocial counselling is a therapeutic relationship between a trained professional counsellor and an individual who is seeking to overcome social, emotional or behavioural difficulties. Specific goals for well-being are targeted through an intensive psychosocial assessment and therapeutic counselling plan.



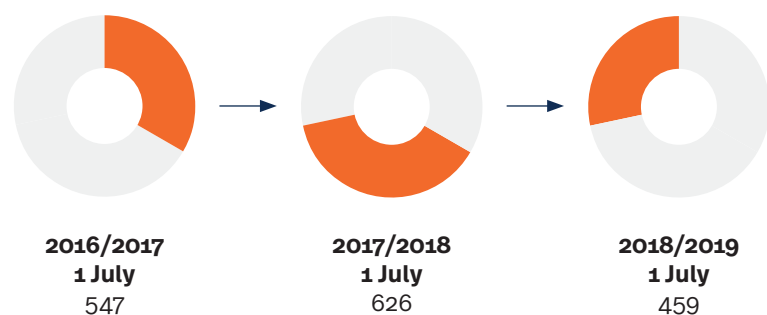
Number of referrals



Size of waitlist

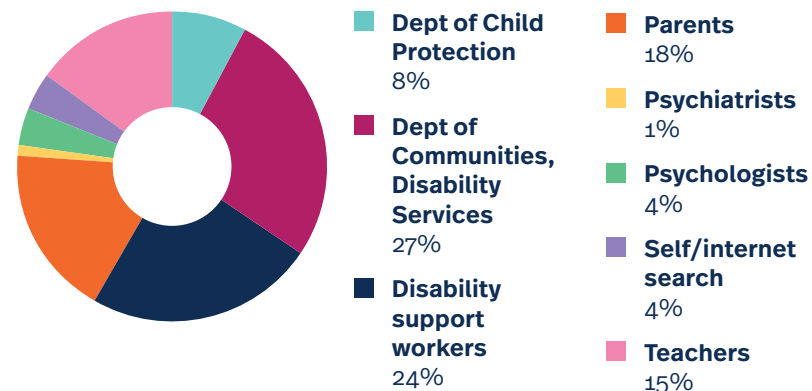


Number of one-on-one counselling sessions

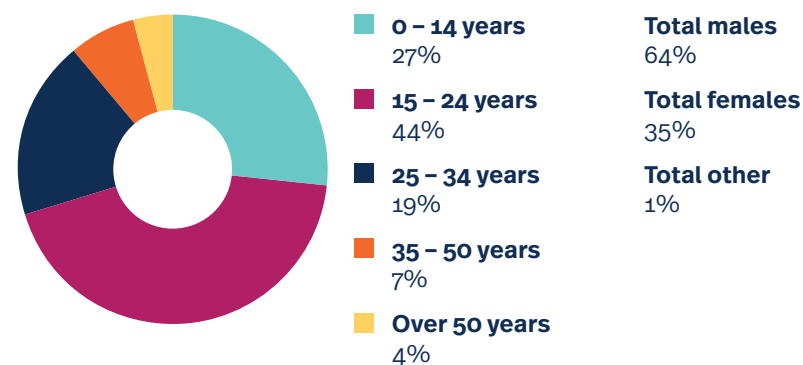


The demand for services continues to exceed our capacity. The triage service has been refined so we have reduced the number of referrals who would be more suited to other services.

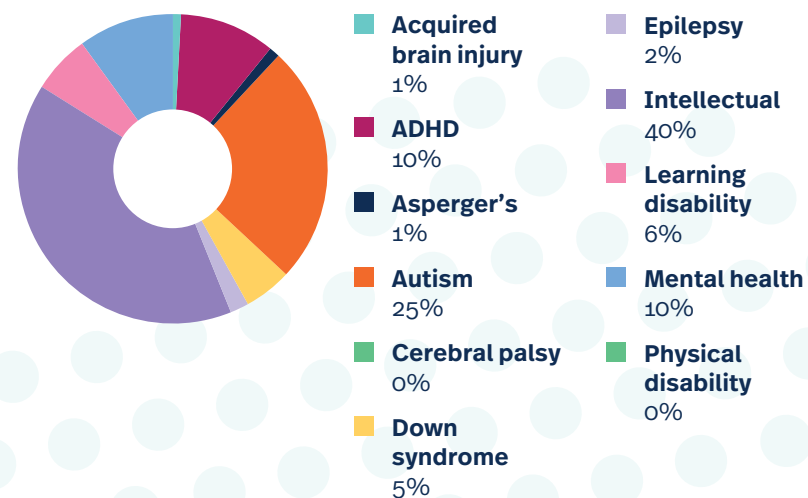
Sources of referrals received 2018/2019



Age and gender



Types of disabilities of clients seen



Case study

Through counselling in a one-on-one situation, Beth felt safe to learn about puberty and body changes.

Beth

Beth* is an 11-year-old girl who has a recent diagnosis on the Autism Spectrum. She was referred to SECCA after expressing severe anxiety around the subject of puberty and the idea of 'growing up'. During sex education classes at her school, she was unsettled and would not engage. She was also showing signs of aggression when her parents displayed affection towards each other.

Through counselling in a one-on-one situation, Beth felt safe to learn about puberty and body changes. Her counsellor also worked towards improving Beth's body awareness, concepts of private and public, and addressed ways she could manage her anxiety and distress. Both her parents and her teacher reported a marked decrease in Beth's anxiety.

* For confidentiality, real names have not been used.



Case study

John was referred to SECCA for Protective Behaviours education, which includes boundary-setting and being able to identify appropriate and inappropriate relationships.

John

John* is a male in his early twenties with an intellectual disability resulting from acquired brain injury sustained in a car accident as a child. John is also on the autism spectrum, and has a diagnosis of schizophrenia and personality disorders. He has a long history of self-harm and suicidal behaviour, as well as childhood trauma and sexual abuse. Over the years, he has connected with multiple services including child protection, mental health, disability support, forensic disability, corrections, and housing. He struggles to engage with people because of his background and disability.

John was referred to SECCA for Protective Behaviours education, which includes boundary-setting, and identifying appropriate and inappropriate relationships. Because of the complexity of John's issues, he was seen for a number of sessions and an eclectic and integrative counselling approach was developed to work with him. This approach advocates a selective combination of the most efficient techniques to achieve optimal therapeutic results for the client.

Following his work with SECCA, John reported that he had gained an insight into his behaviour that resulted in him being less impulsive and anxious, and that he had more confidence to identify situations that would place him at risk.



* For confidentiality, real names have not been used.

Case study

We have found that inter-agency dialogue is essential to providing the best possible service to Evie.

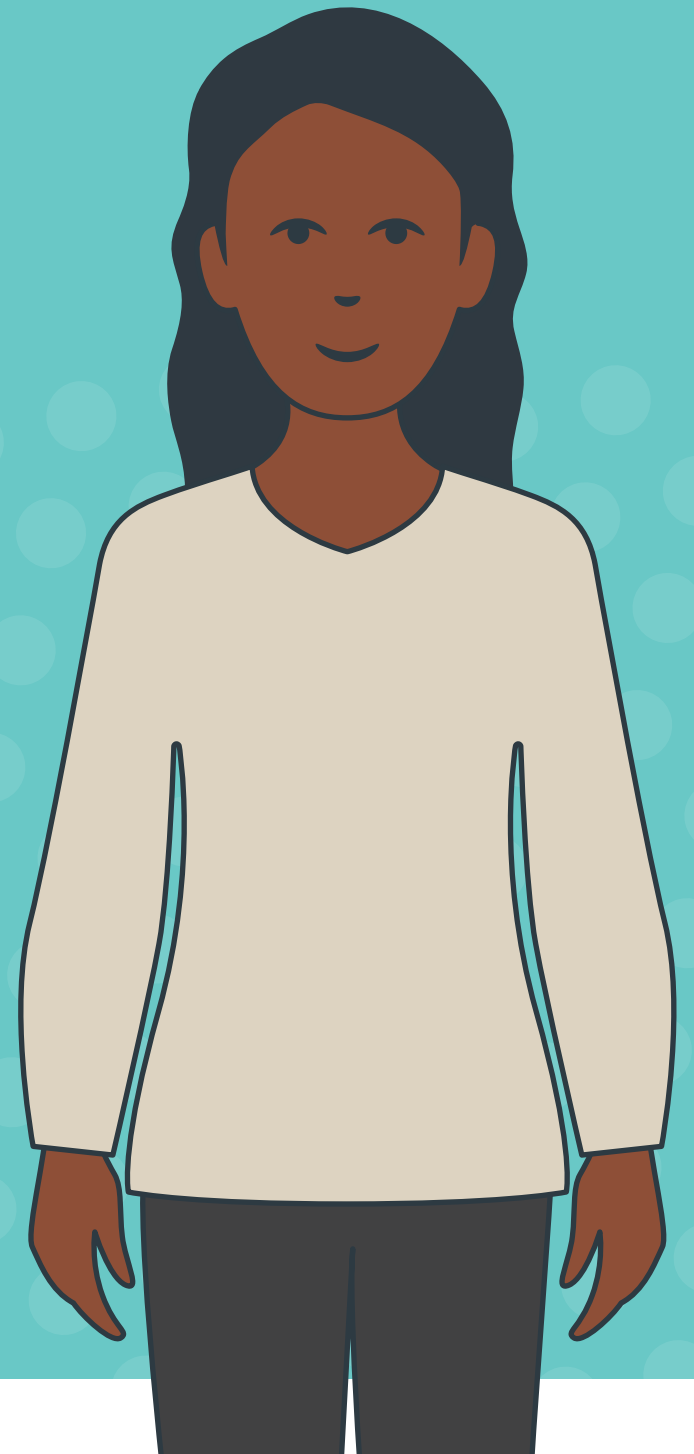
Evie

Evie* identifies as female and is in her early twenties. During Evie's childhood she had multiple admissions to domestic violence shelters, and she suffered the trauma of witnessing her mother die as a result of domestic violence injuries. Evie has an acquired brain injury, a speech impediment, gender dysphoria, mental health issues and possibly Autism Spectrum Disorder. Evie's communication and memory are limited, which made it difficult for SECCA to obtain a full clinical history. There were no comprehensive medical reports available to assist our assessment of the best possible interventions and supports for Evie.

We are continuing to work with Evie, who sees SECCA as a trusted service. We are using an inter-agency approach that includes other health professionals. We have found that inter-agency dialogue is essential to providing the best possible service for Evie.

Due to her limited capacity, it is necessary for a consistent and long term support plan. Evie's application for NDIS funding was unsuccessful, and the decision is currently being appealed. This demonstrates the need for a systemic approach to providing services to high-risk individuals.

* For confidentiality, real names have not been used.



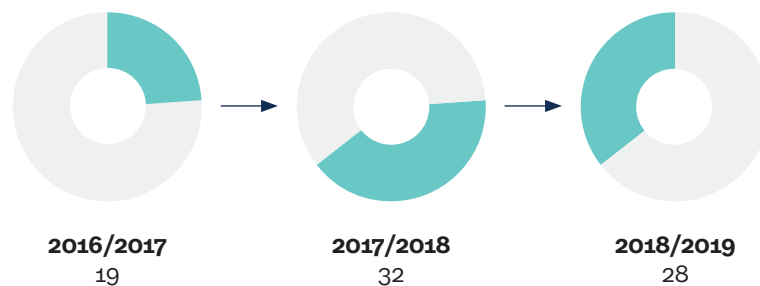
Education

We provide specialised training in the areas of sexuality and human relationships to help educators, parents or carers, students and health professional to teach topics related to relationships. These workshops are conducted in metropolitan and rural areas around Australia.

In the past year, there has been continued demand for SECCA's workshops. We have been invited to conduct several workshops in Broome for the Education Support Centre and Life Without Barriers, as well as in Bunbury and Busselton for the South West Autism Network.

SECCA has been providing workshops to professional and community workers since its inception in 1991. Our work with service providers has shown us that providing professional education equips health workers, allied health workers, and educators with the skills to assist and support their clients to learn appropriate and accurate sexuality and human relationships education.

Professional and community training education sessions



Total number of people who attended training

520

I learned a lot from both presenters, but I also learned a lot from other participants. I have gained knowledge and skills to equip my daughter to assist her to make healthy friendships and relationships.

Workshop attendee



Consultancy

SECCA's consultancy and advisory service is widely regarded, and we have recently observed increased contact and enquiries from allied health services, health professionals and other service providers. SECCA is aware, after nearly 30 years of providing a respected consultancy service, that an inter-agency collaborative approach benefits individuals, families, and other carers.

The introduction of the NDIS is among the most major social reforms Australia has experienced in decades. Its impact can be felt in the sustainability of the sector, collaborations within the sector, and in partnership projects. The NDIS relies on robust disability markets across the country, which includes a rich ecosystem of small and large providers⁴.

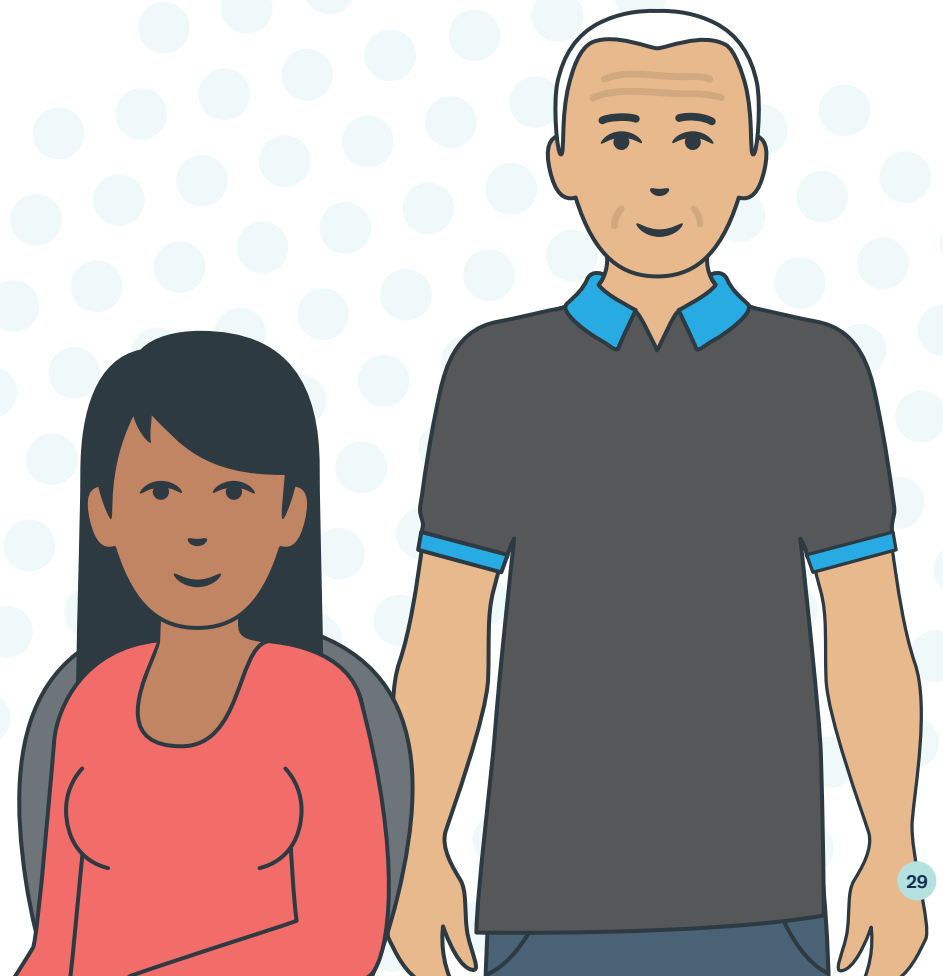
By promoting and maintaining our strong consultancy service, SECCA actively supports the NDIS vision of choice and control for individuals who have a disability.

In these changing times it is more critical for disability service providers to work together. SECCA emphatically fosters collaboration rather than competition. We are committed to maintaining strong relationships with many agencies.

⁴*How is the Disability Sector Faring?* A report from National Disability Services' Annual Market Survey, Centre for Social Impact, UNSW Sydney, Carey, G., Weier, M., Malbon, E., Dickinson, H., Alexander, D. & Duff, G

People with disability have higher levels of interaction with the criminal justice system than people without disability. The disproportionate rates of arrest, charge, prosecution and incarceration of people with disability can have significant negative flow-on effects in other areas of their life.

Royal Commission into Violence, Abuse, Neglect and Exploitation of People with Disability



Case study

Consultancy and advisory services

A foster parent of two teenage boys with ASD came to SECCA for advice on cyber-safety, as they had noticed one of the boys' online gaming was becoming excessive.

Since the boys struggle socially, the parent felt it was just their way of connecting and fitting in with the current culture of that age. Concern was raised when the foster brother told them that his brother had been participating in 'Nintendo private parties' with 12-year-old boys, who he referred to as his 'best friends'. They didn't realise how vulnerable he was until they learnt that a child is culpable for sex offences at the age of ten. They felt it was a real 'wake-up' call, and as a result they were going to use strategies to minimize 'screen time.'

SECCA provided a half day consultation to teachers and service providers who jointly work with a family whose needs are complex.

Representatives from Department of Child Protection, schools, a service provider, and community support agencies requested strategies about identifying and managing the children's sexual behaviour. Following the consultation with SECCA, attendees reported they felt more confident and knowledgeable about providing appropriate protective behaviours education as well as identifying and reporting inappropriate behaviours.



The Intellectual Disability Diversion Program is a joint initiative by the Department of Corrective Services and the Disability Services Commission to reduce recidivism and the rate of imprisonment, and to improve the ways with which the justice system manages people with intellectual disability.

A SECCA client requested that their counsellor accompany them to an inter-agency meeting to advocate on their behalf. In addition to advocacy, it was an opportunity to discuss how disability can effect sexuality, which can then underpin offending behaviour.

A registrar working in an emergency department telephoned SECCA looking for ways she could engage with and examine a young girl with Autism Spectrum Disorder who presented with suspected sexual assault injuries.

We were able to provide visual aids and methods for the registrar to communicate with the patient.

SECCA supports the vision of NDIS and its mission: allow people who have a disability to make decisions about their lives, and have choice and control regarding the supports they need to make these decisions. We welcome the opportunity to be a part of that process.

The NDIS transition requires not-for-profit organisations like SECCA to become commercially shrewd and financially focussed. The move from block funding to individual transaction based funding under NDIS has instigated a key focus on profitability and cash flow management. SECCA has been acutely aware of this through their business transformation process and as such has transitioned to a completely new business and financial model.

While this transition has been operationally successful, major social reform, like that which NDIS represents, will always present challenges. We have identified a number of these challenges for individuals and for our service provision below. In the next 12 months, SECCA will collect data and case studies to ascertain the impact of these challenges and their solutions.

1. The administrative burden on individuals and the agency

There is a significant increase in administrative work required to operate under the NDIS system. During the transition, we have updated systems and software to support this additional load. Our concerns are the ongoing administrative load as well as ensuring that SECCA has resources to manage the necessary frequent changes and updates.

We are mindful that due to feeling overwhelmed and uncertain with the NDIS administrative process, some individuals may either not receive funding or not know how to use their funding to maximise the support they require.

2. Meeting clients' individual and complex needs

We expect there will be a number of individuals who will not have access to SECCA's services through NDIS in the following circumstances:

Individuals needing urgent or crisis care

Much of the counselling that is provided by SECCA is reactive and complex. Often this is due to crisis situations which can't, by their nature, be planned for in advance. To meet the NDIS criteria, individuals must have an approved plan that nominates one of two services with SECCA. These are not accommodated under the current NDIS system which works well for non-complex or 'standard' services.

Individuals experiencing 'change of circumstances'

We have identified that more clarity is required around how 'change of circumstances' can be navigated in relation to an approved plan. We have anecdotal evidence that it is difficult to update a plan using 'change of circumstances' under NDIS. The ability to easily, and with minimal administrative load, update a plan to include counselling, is vital to ensure individual needs are being met. This is especially true for those who are referred to SECCA. Many of these referrals include reports that an individual is being abused, is displaying sexually inappropriate behaviour, or is unaware of vulnerable or risky situations.

Individuals who do not wish to disclose to their planner, or on their plan, their need for relationship or sexuality counselling

An individual's plan is usually accessed by many support workers and organisations. The need and reason for individuals seeking services from SECCA are highly sensitive and private. There are also cases where there has been a report of abuse or inappropriate behaviour by family, a support worker, or individuals within an organisation, who are likely to have access to their plan. Individuals often report that they want to avoid the risk of feeling shamed, judged or exposed to victim-blaming. Therefore, individuals do not wish to disclose this information and, under the current system, SECCA's services will not be included in their plan.

The goal posts keep moving, which makes it incredibly risky for service providers. They do not have clear policies on decisions they are making, and these decisions are inconsistent. The operating environment has restricted our ability to be innovative and to respond quickly to the needs of people with disability.

How is the Disability Sector Faring?

A report from National Disability Services

Annual Market Survey, Centre for Social Impact, UNSW Sydney, Carey, G., Weier, M., Malbon, E., Dickinson, H., Alexander, D. & Duff, G.

Individuals who don't have an official disability diagnosis or are waiting to be diagnosed

Individuals must have a recognised disability to be eligible for NDIS. Regrettably, this is often not the case for many of our clients with intellectual impairment, and the process for diagnosis is usually 12 months.

Without flexible funding, SECCA will be unable to provide services because these people don't meet NDIS service criteria. Individuals and their families who desperately need SECCA's support to allow them to live safely within the community may be turned away.

In addition to the above, our client profile includes clients with 'complex needs' which we refer to as having a 'dual diagnosis'. This describes an individual with an intellectual disability plus one or more of the following: sexual abuse, ADHD, a criminal record, family history, and foetal alcohol syndrome (FASD). Within NDIS there is a 'complex needs' pathway but we are yet to fully understand how this will assist our clients to access SECCA's services.

3. Reporting requirements may not meet privacy requirements

Currently, a detailed report is required six weeks before the end date of a plan, which is then sent to a general email address. Our concern is that this is not a secure way to manage the highly sensitive and private information which would be included in a detailed report. We are working with NDIS to ensure that this process meets our ethical standards, as well privacy laws.

4. Individuals' access to supports and accommodation may be limited

Our counselling service relies on family, community, school or work support, and access to other support services. Under the NDIS system, additional support and services are limited to what is on an individual's plan. These limits may have an effect on the expected outcomes from counselling and may limit the solutions a counsellor is able to offer to an individual.

We frequently receive reports of abuse or inappropriate behaviour that occurs in the home. With fixed accommodation funding in a person's plan, there is less flexibility for short term accommodation or other suitable accommodation changes for their circumstances.

5. Price limits our ability to offer a quality service

SECCA has a reputation for delivering high quality services by specialist staff. This is a source of relief and provides a sense of support for individuals and their families. It is documented that in the areas of sexuality, sexual abuse and sexual health, the ability to provide these services is determined by the accessibility of professional development, training, and support for staff. There is great concern for the emotional risk for staff working with clients who are at a high risk of being sexually and emotionally exploited. NDIS price caps limit SECCA's ability to fund training and support for our staff.

6. Comprehensive sexuality education for people with intellectual disabilities needs to be prioritised under the NDIS system

We know that people with disabilities are eleven times more likely to be victims of sexual assault,⁵ and it is therefore imperative that comprehensive sexuality education be a requirement for people with intellectual disabilities. This was a key recommendation from the Royal Commission into Institutional Responses to Child Sexual Abuse. People who have a cognitive impairment (intellectual disability) are unlikely to request comprehensive sexuality education in their NDIS plan. Usually, following abuse or another traumatic incident, individuals and their support network will realise the importance of counselling and comprehensive sexuality education toward their recovery to prevent further sexual exploitation.

These challenges can have detrimental, sometimes devastating, consequences for vulnerable individuals and their family. In many instances, delayed or inadequate provision of supports and limited availability of services leads to infringements on an individual's human rights, and significantly compromises their ability to achieve their chosen life goals.

⁵aifs.gov.au/publications/sexual-assault-and-adults-disability/prevalence-sexual-assault-adults-disabilities

How can these challenges be addressed?

We know, after decades of providing sexual health and sexuality education to people who have a disability, that there is a requirement for flexibility with funding to address the challenges we have described.

Over the coming year, we will be working with other service providers to collect relevant data so we can work collaboratively with them, the NDIS, and state government departments to best meet the needs of individuals.

SECCA remains committed to providing these valuable services and advocating for people with a disability to have access to basic human rights.

Looking forward

Bunbury regional counselling

We are launching a trial in FY19–20 to offer counselling in Bunbury, which will serve the South West area. Depending on the outcome of the trial, SECCA will consider continuing this service. Results can also assist in determining similar services in other regional areas of Western Australia.

Protective behaviours project

With a grant from the Department of Education in FY19–20, we will deliver 26 protective behaviour workshops for parents and educators from Education Support Centres (ESC). We will also provide 26 ESC Schools with the RSE hard copy resource.

Sexuality, Relationships and Your Rights next steps

The Sexuality, Relationships and Your Rights resource has been so well received in WA that we're now planning a national rollout. Through an NDIS ILC grant, we will be making this vital information available across Australia as both physical and digital versions. There is currently no other resource like it, and we're excited to make this information accessible and specific to each state and territory.

SECCA App video help guides

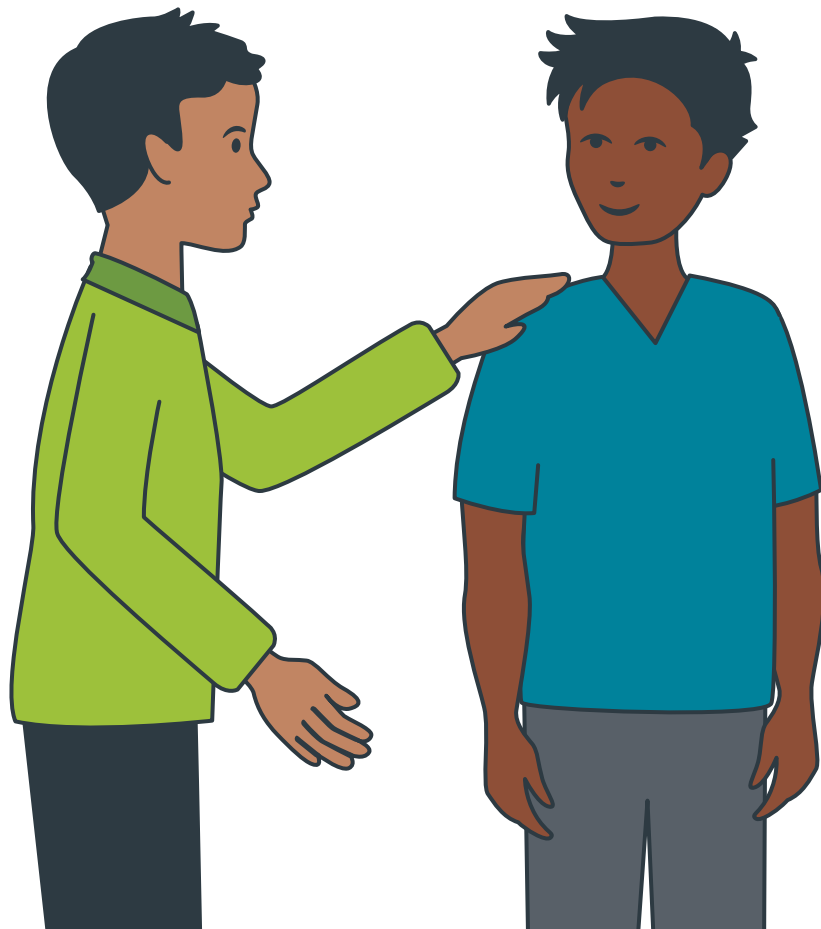
We have secured a grant from Education Services Australia to create three videos with accompanying teacher resource text to assist teachers to use the app. Once completed, the videos will be used on our website and in our training workshops.

Use of the SECCA App in court

There is currently no capacity for people who are non-verbal or have an intellectual disability to give evidence in court. SECCA intends to work with relevant stakeholders to investigate how the SECCA App may be permissible in court as evidence. This is an important step to ensure the legal rights of individuals.

SECCA App funding support

To extend the current app versions to other Indigenous languages (it currently includes Kimberly Kriol) and CALD language groups, and to ensure that all users are fully trained to use the app.



Meet the team

Our board

SECCA's Board of Management is comprised of a dedicated group of volunteers who have a specific interest in people with disability. They continue to contribute their invaluable time, energy and vision to SECCA.

Office bearers 2018/19

Chair	Suzanne Paust
Treasurer	Terry Rodda
Board member	Caris Jalla
Board member	Davinia Lefroy
Board member	Jack Mansveld
Board member	Mahesha De Silva
Board member	Christine Manungas



Our management and staff

SECCA is recognised as a professional organisation and leader in the field of sexuality and disability. The continued commitment and skills of the staff have helped to achieve this. All SECCA staff have been carefully selected for their demonstrated empathy, interpersonal skills and experience relating to disability and sexuality. Each of these qualities are an essential requirement for building trust and rapport with clients, and enables them to deal with issues and move forward in a positive way. Staff regularly attend professional development, as well as maintain links to approved associations. This ensures their high level of industry expertise and standards.

The following represent SECCA's current staff as of 30 June 2019.

Manager and Senior Therapist

- **Juana Terpou** BA (Fine Arts), GradDip Couns (Human Serv), PGradDip ForensicSexology (Curtin)

Therapists

- **Helena Green** PGradDip Forensic Sexology (Curtin), PGradDip Counselling, BSC Nursing
- **Romney Jones** BHSc, B.Soc.Sc, Dip Counselling
- **Ashleigh Taylor** BA (Sexuality, Marriage and Family Studies), PGradDip ForensicSexol (Curtin)

Project Coordinator

- **Sandra Norman** B.App.Sc (Physics), B. Soc Sc.

Project Officer

- **Jordina Quain** MPH, GradDip Sexology, GradDip Health Promotion, BA (Theatre)

Consultant

- **Suzanne Paust** B.Soc.Wk (Hons)

Practice Manager

- **Rebecca Hall**

Admin Support Officer

- **Maria Barnett**

Manager's report

SECCA has faced many obstacles in recent times, with an increasingly complex environment for disability service providers. SECCA called on the expertise of Media on Mars and A Little Ray of Sunshine to assist and help skill our staff to meet these challenges and move SECCA forward. I'm grateful for their contribution and support.

One of our main objectives was to improve and strengthen the capacity of our processes, and in January we created a new role for a Practice Manager. We appreciate the knowledge and experience of Rebecca Hall, who has focussed our attention on operations including implementing new software and systems. This has reinvigorated our team and strengthened our ability to assist our clients and the community.

Over the years, SECCA has worked on facilitated dialogue and engagement with other organisations and this was another focus area for SECCA this year. We held meetings and discussions with a range of organisations and government departments including Parkerville, People with Disabilities WA, Indigenous Women's Group from Roebourne, several police departments including Child Abuse Squad, Child Assessment and Interview team and Sex Offender Management Squad (SOMS), Telethon Institute, Perth Children's Hospital and Minister for Child Protection, Women's Interests, Prevention of Family and Domestic Violence, and Community Services Office.

We continue to seek funding for our projects that support the valuable work SECCA does and this year has seen SECCA apply for the highest number of grants since its inception. We are pleased to report the success of Sector Transition Grant and

Non Government Centre Support for Non-School Organisations. We thank our staff for their tenacity and dedication in the development and submission of the grants.

Our counselling team have been using the SECCA App in counselling sessions and have reported it as an effective communication tool. Further, it is interactive, visual and provides positive reinforcement of appropriate sexual and relationships behaviour. We know that many of our clients are drawn to technology and the use of computers and this makes engagement with the app familiar and easy. Counsellors have also found the app allows clients to lead and self-direct topics for discussion during the session leading to positive outcomes. We look forward to the ongoing development and growth of the app as a strategic intervention during counselling as well as a powerful education tool which can be used within the community.

It is my privilege to work with SECCA's staff, Board of Management, Media on Mars, A Little Ray of Sunshine, Department of Communities, and Department of Health. By working together, our small team has been able to achieve more than we thought possible. With regular face to face meetings, our team has been able to maintain momentum which ensures we are able to continue our work to assist people with a disability.

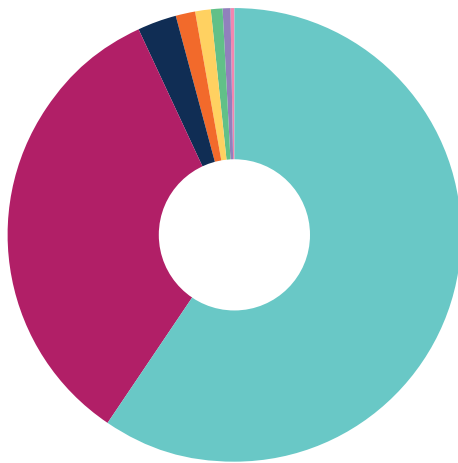
The future looks bright for SECCA with new projects and the ability to advocate on behalf of our clients so they can continue to receive high quality care from SECCA.

Juana Terpou
Manager and Senior Therapist

We have enormous resilience and we will continue to adapt so as to empower the lives of people living with a disability.

Financials

Financial Year 2018/19



Where our money came from

- **Disability Services Commission funding**
\$363,783
- **Department of Health**
\$205,819
- **NDIS funding receipts**
\$16,689
- **Workshops delivered by SECCA**
\$8,181
- **Training delivered by SECCA**
\$7,820
- **Resource sales**
\$4,174
- **Donations**
\$3,000
- **Membership fees**
\$1,314



How our money was spent

- **Counselling**
56%
- **Workshop and training**
20%
- **Management and administration**
24%

Funding for projects

\$87,500
ILC Project

\$181,818
ILC Project

Full financials available, please call SECCA on (08) 9420 7226.



Using the app is so much more 21st century and the students will love it.

Teacher

I only wish I was
aware of SECCA earlier.
But it's never too late
to start.

Workshop attendee





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