

ANNUAL REPORT

2015/2016

S  **CCA** **Ability**
Relationships
Sexuality

TABLE OF CONTENTS

About SECCA.....	3
Statement of Values	4
Key Beliefs and Principles	5
Referrals and Waitlist	7
Consultations and Contacts	8
One to One Counselling Sessions	8
Age and Gender Profile	9
Types of Disability	10
Profile Issues Addressed During Counselling	11
Professional and Community Training and Education	12
Committee of Management	13
Organisational Structure.....	14
Personnel	15
Co-Chairperson’s Report	16
Manager’s Reports	17

ABOUT SECCA

SECCA is a non-profit community organisation and was established in 1991 to assist families and individuals with disability.

Mission Statement

SECCA's mission is to provide a tailored, flexible and responsive service to people with disabilities, their family, carers and others around issues of sexuality, relationships and sexual health.

Statement of Purpose

SECCA exists to support people who have disabilities to learn about human relationships, sexuality and sexual health across the lifespan and make informed choices, acknowledging individual capacity, to enhance the quality of their lives.

STATEMENT OF VALUES

SECCA embraces the following values for ourselves and for the clients and community we serve:

- 1) Rights Based**
- 2) Respect, Equity and Equality**
- 3) Engendering Trust and Mutually Respectful Relationships**
- 4) Effecting Change/Making a Difference**
- 5) Quality Practice**
- 6) Accountability, Transparency and Integrity**
- 7) Self Determination**
- 8) Collaboration**
- 9) Diversity**
- 10) Social Justice**

KEY BELIEFS AND PRINCIPLES UNDERLYING SECCA'S PRACTICE

SECCA endorses the principles that:

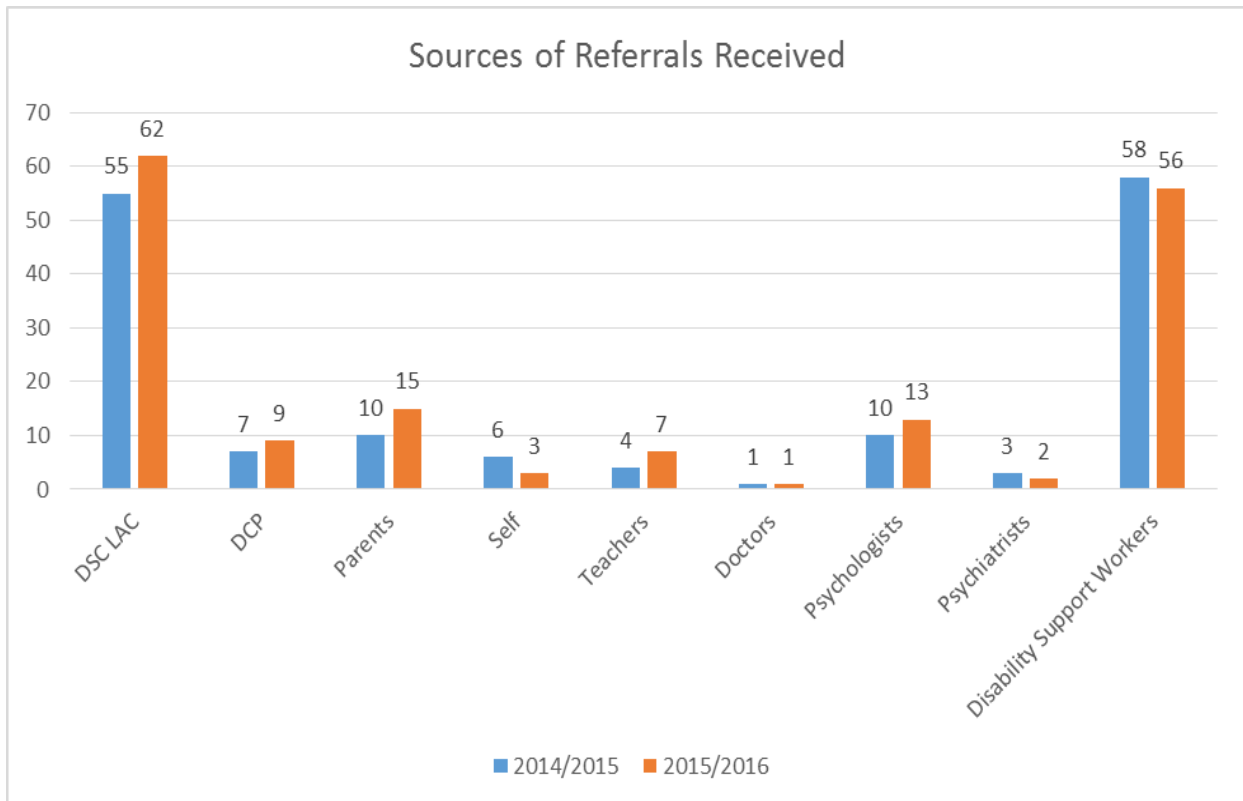
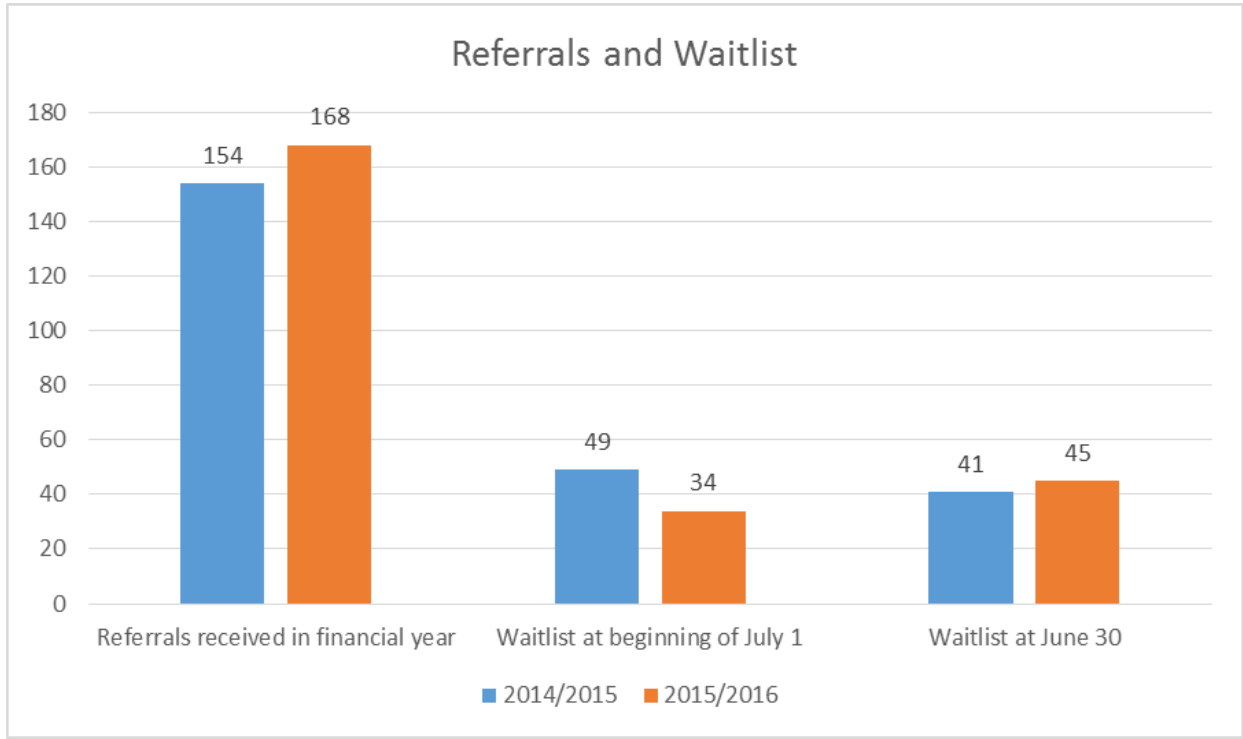
- All people are sexual beings; they begin to form relationships and have physical and psychological needs and desires from the time they are born; these needs and desires change over time from birth to death;
- The developing sexuality of an individual is an entity subject to life long change, continually and inevitably influenced by daily contact with persons of all ages and especially by contacts with peers, the family and other primary care givers, religion, other institutions and the wider society; and
- Sensitive human relations and sexuality education can be a positive force in promoting physical, mental, spiritual and social health. It should be geared to the three levels of learning: feelings, thoughts and action, and should begin as early as possible.

KEY BELIEFS AND PRINCIPLES UNDERLYING SECCA'S PRACTICE

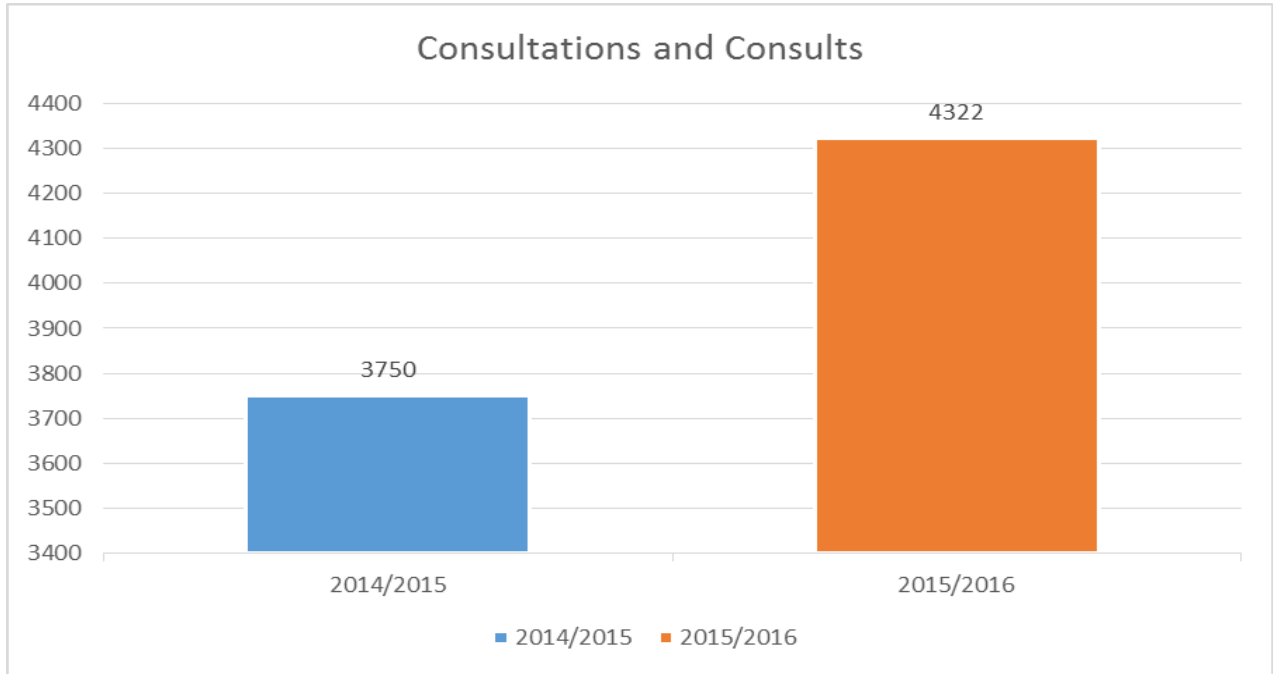
In this context SECCA believes that:

- All people have the right to live free of discrimination, regardless of their age, gender, sexual preference, marital status, ethnicity, religion or disability;
- Sensitive human relations and sexuality education can be a positive force in promoting physical, mental and social health;
- Human relations and sexuality education can be formal or informal;
- Everyone receives this education one way or another and all persons are informal human relations and sex educators whether or not they are aware of it;
- Formal education in the area of human relations and sexuality should be planned and implemented with careful attention and sensitivity to developmental needs, community and cultural settings and values and respect for individual differences;
- Education in responsible human relations and sexuality education is a basic right of every person;
- The primary source of knowledge, moral values and emotional support is the family. SECCA will support families to enable them to fulfil this role;
- People have the right to express their sexuality but not to hurt or violate the rights of others; and
- People have the right to honest and accurate information so they can make informed choices about their own sexual behaviour and sexual expression.

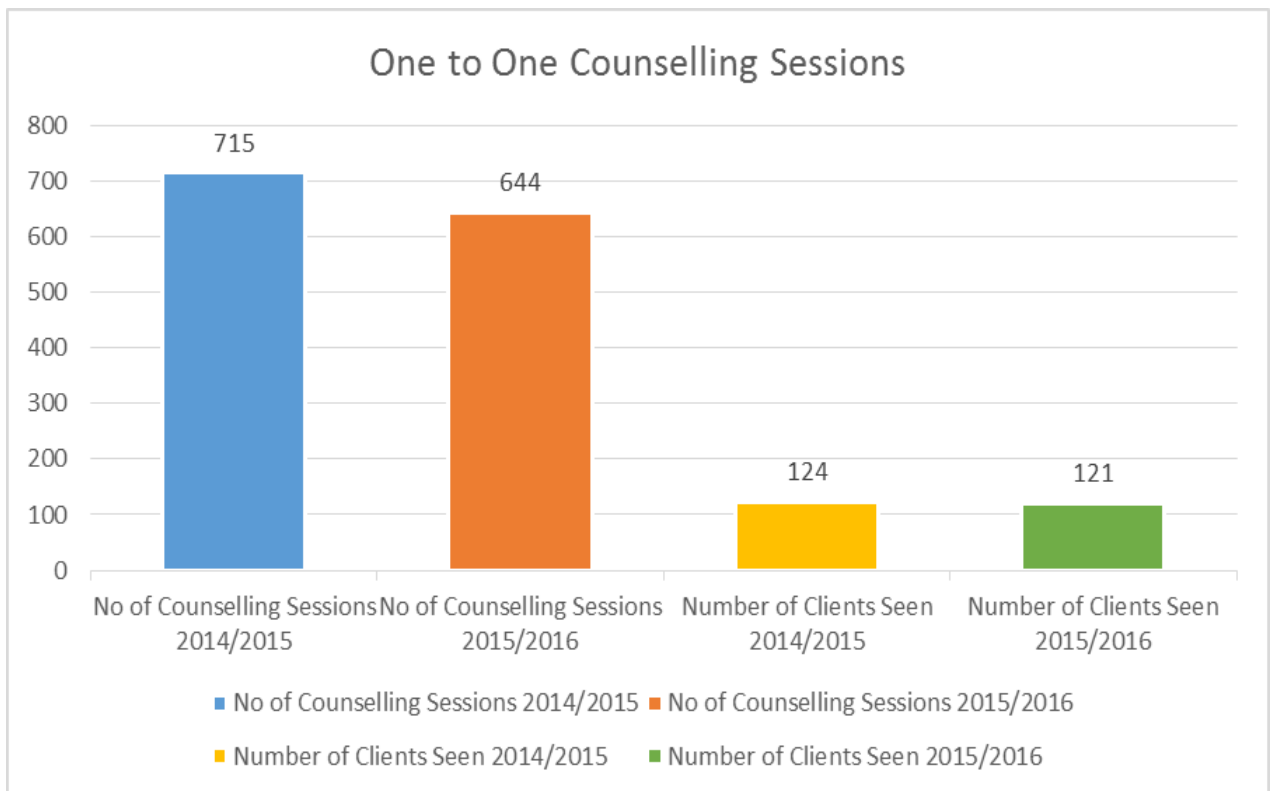
REFERRALS AND WAITLIST 2015/2016



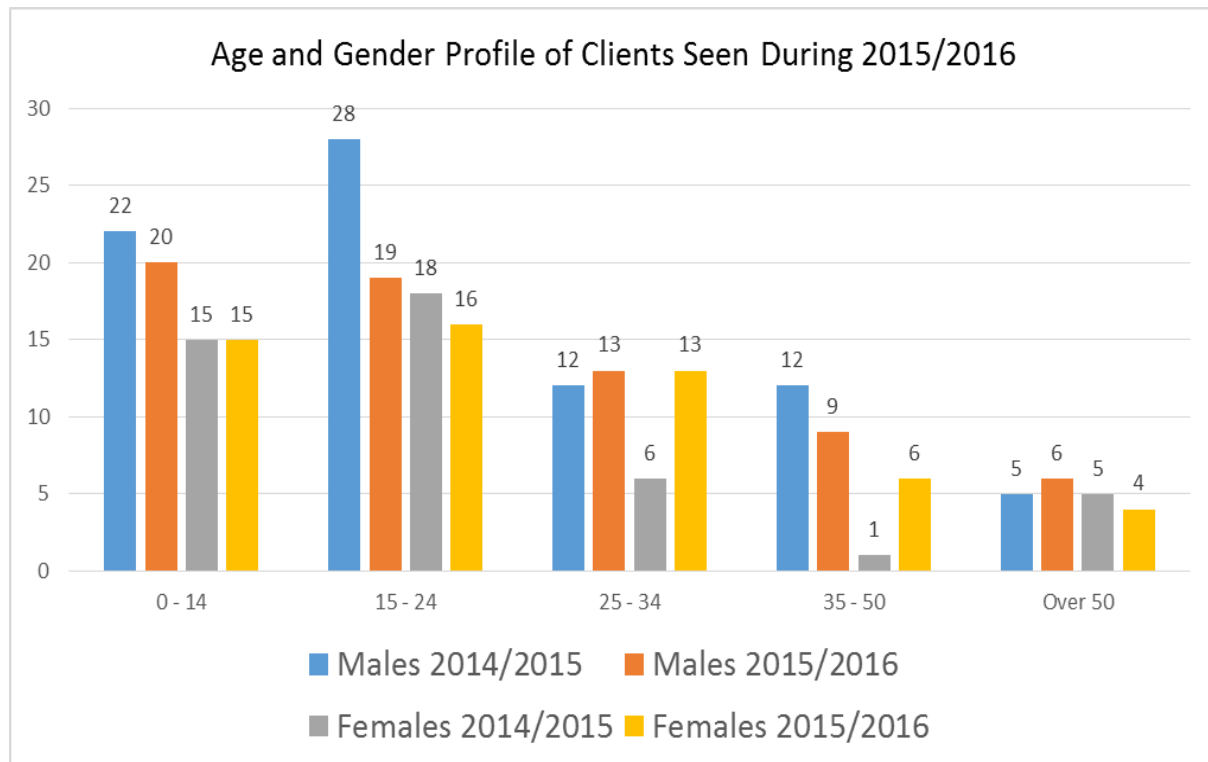
CONSULTATIONS/CONTACTS AND ONE TO ONE COUNSELLING SESSIONS 2015/2016



Consultations and Contacts **2014/2015** = 3750, **2015/2016** = 4322

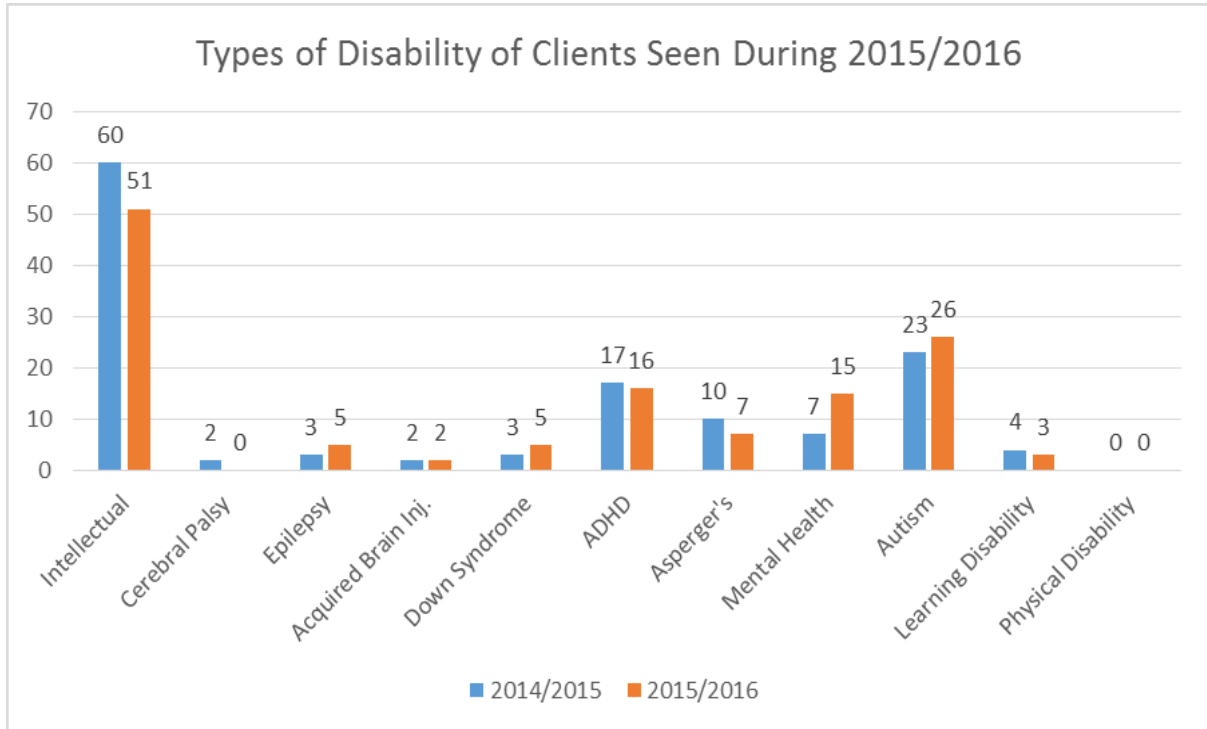


AGE AND GENDER PROFILE 2015/2016



AGE	MALES		FEMALES	
	14/15	15/16	14/15	15/16
0-14 years	22	20	15	15
15-24 years	28	19	18	16
25-34 years	12	13	06	13
35-50 years	12	09	01	06
Over 50	05	06	05	04
Age N/A	00	00	00	00
TOTAL	79	67	45	54

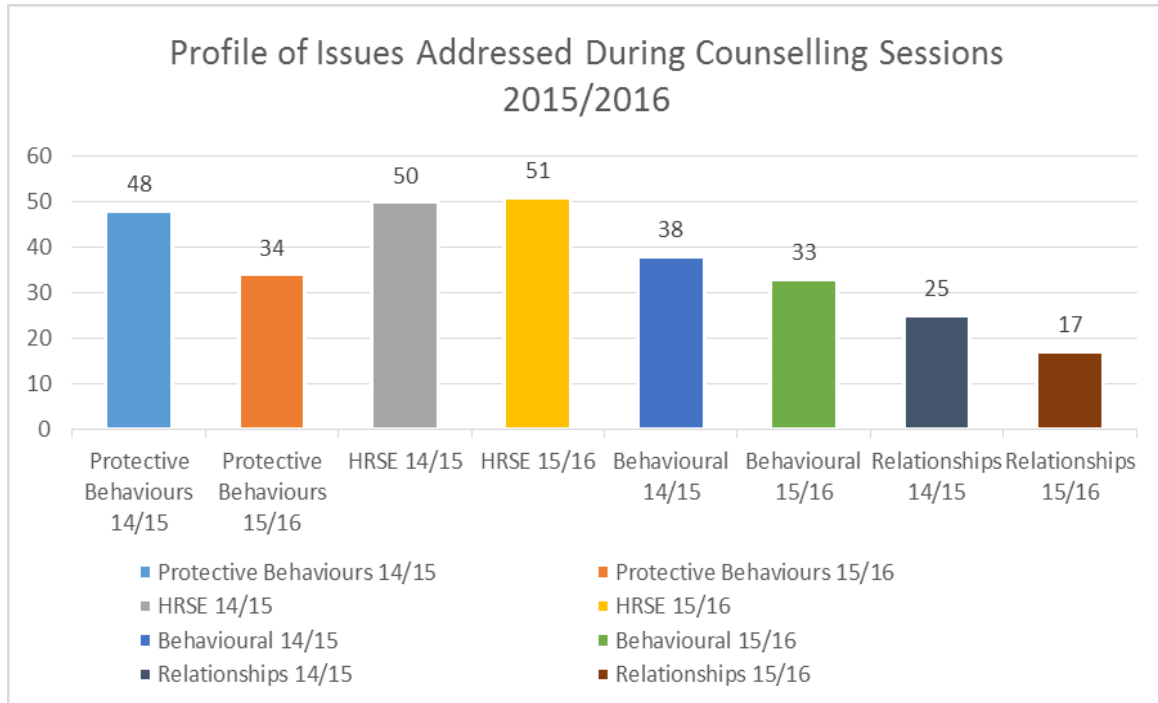
TYPES OF DISABILITY 2015/2016



	2014/2015	2015/2016
Intellectual	60	51
Cerebral Palsy	02	00
Epilepsy	03	05
Acquired Brain Injury	02	02
Down Syndrome	03	05
ADHD	17	16
Asperger's	10	07
Mental Health	07	15
Autism	23	26
Learning Disability	04	03
Physical Disability	00	00

(Clients may present with more than one disability)

PROFILE OF ISSUES ADDRESSED 2015/2016



***Includes issues relating to sexual abuse/assault**

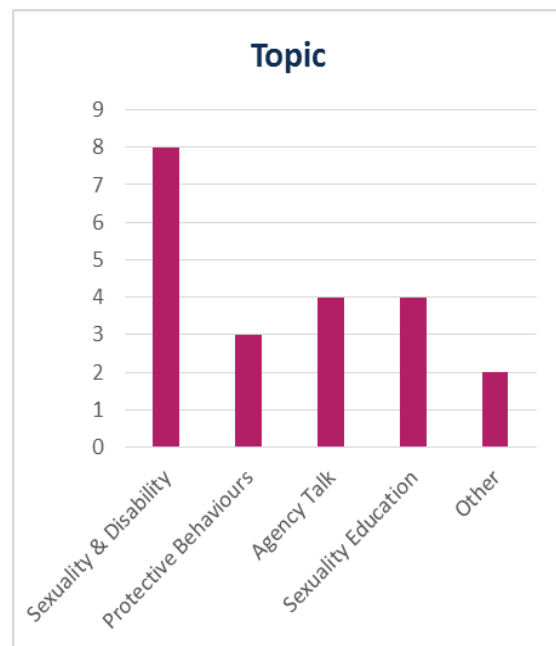
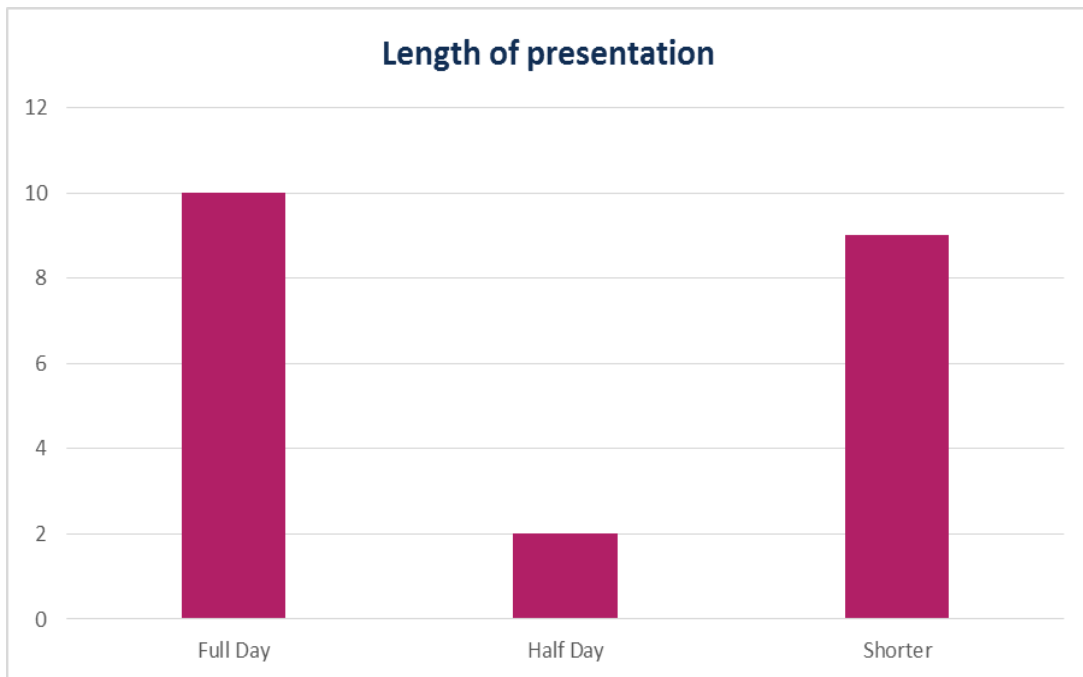
	2014/2015	2015/2016
Protective Behaviours *	48	34
Human Relationships & Sexuality Education	50	51
Behavioural	38	33
Relationships	25	17
TOTAL	161	135

(Clients may present with more than one issue)

PROFESSIONAL AND COMMUNITY TRAINING AND EDUCATION 2015/2016

Professional and Community Training and Education for 2014/2015 = 23

Professional and Community Training and Education for 2015/2016 = 21



BOARD OF MANAGEMENT

SECCA's Board of Management is comprised of individuals who have a specific interest in people with disability. The Board members act in a voluntary capacity. The Board is elected from the membership of SECCA. They continue to contribute their invaluable time, energy and vision to SECCA.

The Board of Management for 2015/2016 was as follows:

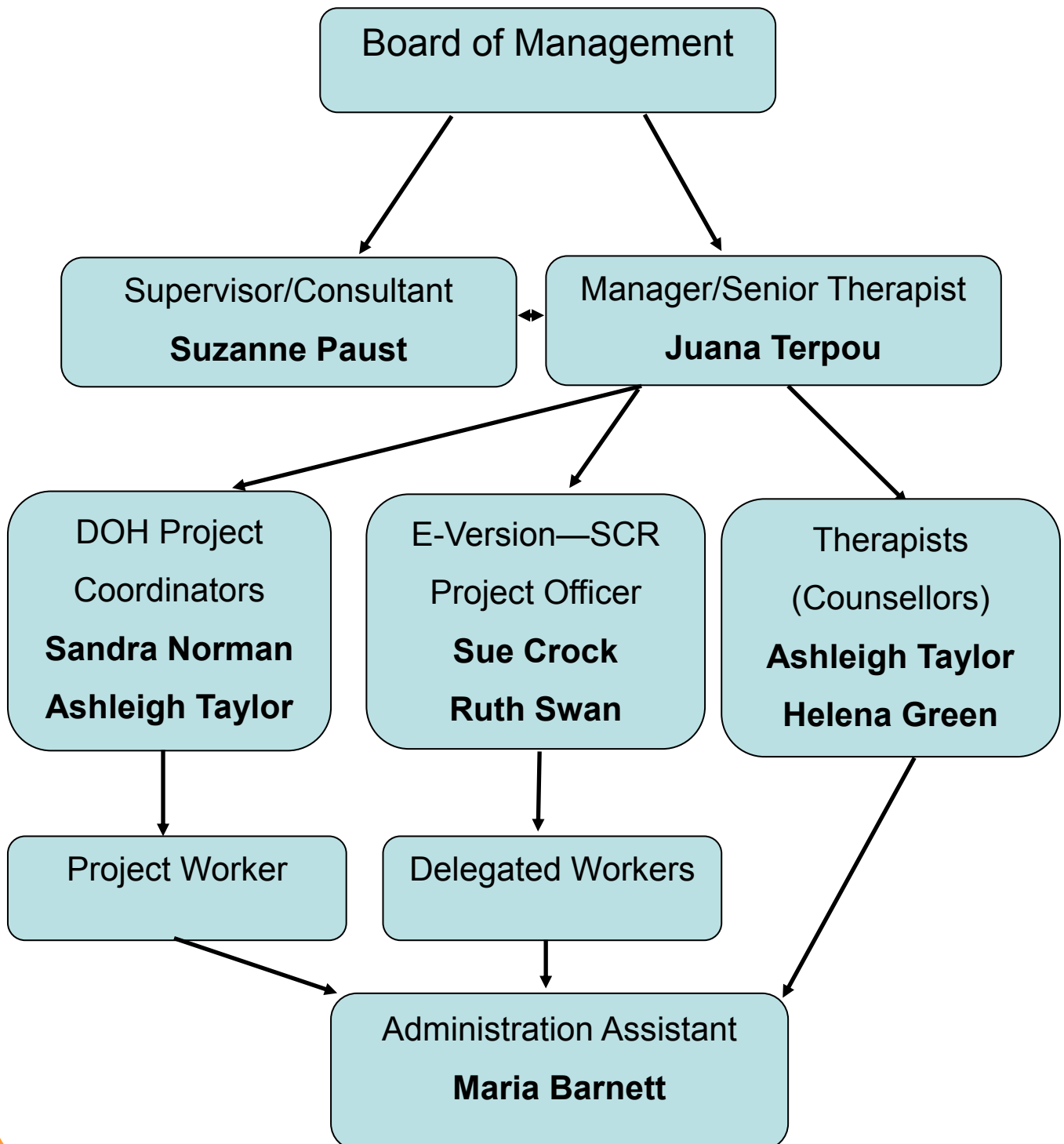
Office Bearers:

- Jillian Pearsall-Jones - Co-Chairperson
- Corinne Wray - Co-Chairperson
- Caris Jalla - Secretary
- Terry Rodda - Treasurer
- Mary Butterworth - Individual Member
- Amanda Negus - Individual Member

Management:

- Juana Terpou - Manager
- Suzanne Paust - Supervisor/Consultant

SECCA'S ORGANISATIONAL STRUCTURE AS AT 30TH JUNE 2016



CO-CHAIRPERSONS REPORT 2015/2016

For SECCA the period 2015-2016 once again has been a hive of activity and productivity. Juana Terpou, Manager of SECCA, has participated in ongoing negotiations with Disability Services Commission and the Department of Health to continue funding therapy services and project development. She has done a wonderful job in encouraging the team at SECCA – both clinical staff and project officers. Well done Juana! As can be seen from the Manager's Report, SECCA has had a busy year in terms of workshops presented and therapy services provided.

This year's SECCA Open Day in May 2016 was well attended. The forum on Talking to you child about Sexuality was presented with sensitivity and humour. A highlight included Suzanne Paust sharing her fascinating and informative story of her lived experience as a parent.

The Sexuality Concepts Resource (SCR) is set to be developed into an App – a very exciting advancement at the cutting edge of technology in the disability sector. This resource will be firstly adopted in WA Education Support Centre's and schools – and is appropriate for educational purposes well into adulthood. This high grade technology can be used nationally and internationally.

The rebranding of SECCA has resulted in an updated logo and upgraded website. Internally there will be a significant upgrade to the database which will improve the efficiency of SECCA's daily work.

We were very happy to welcome to the SECCA Board of Management our Treasurer, Mr Terry Rodda. Terry brings a vast range of skills and sound experience in financial management. His strong ethical practice and diligence are great assets for the forward movement of SECCA. During this period we were also very happy to welcome Amanda Negus back to SECCA, now as a Member of the Board. It is good to have you back at SECCA Amanda. Your expertise and experience are invaluable to the organisation.

We were sad to farewell a valued Member of the Board, Susan Main – many thanks Susan for so many years of service to SECCA.

Another change for SECCA is the resignation as Co-Chairperson for us both from the Board of Management. Both of us, Corinne and Jillian, have served for over eight years on the Board. We feel privileged to have had this wonderful opportunity, and have thoroughly enjoyed our time with SECCA. We both say fond farewells, and wish SECCA all the best for the future.

Thank you to the Disability Services Commission, the Department of Health, the National Disability Service and LotteryWest for their support and recognition of the high standard of services provided by SECCA's skilled team. We thank our fellow Board Members for their support over this period at SECCA, and for their many and substantial contributions over the past year. Thanks also to our Auditor, Leon Stielow.

Dr Jillian Pearsall-Jones and Mrs Corinne Wray
Co-Chairperson
SECCA Board of Management

MANAGER'S REPORT 2015/2016

It has been 25 since SECCA begun and our highly professional and committed team has ensured that we have again met our contractual targets as well as achieving so much more in the way of service delivery.

Requests for SECCA's services consistently exceeds the agency's capacity to meet them. In 2015/2016 168 referrals for counselling services were received and 121 individuals were provide services in 644 counselling sessions. For a small agency with part-time staff these figures are remarkable. I would like to thank our dedicated team of Psychotherapists who are working with highly complex and complicated cases.

Individuals who have an Intellectual Disability continue to present as the largest client group followed by individuals who have Autism. In terms of age, we continue to find that young men between the ages of 15 and 24 years of age comprise the biggest group, followed closely by young men 0-14 year of age. Both these groups reflect the general behavioural patterns of young men in the wider community who have been identified as frequently being impulsive and prone to take risks.

The Disability Services Commission (DSC) Local Coordination program (formerly known as the Local Area Coordination program) are the most highly represented source of referrals of individuals to the agency followed closely by Disability Support Workers (DSW). The reasons for this are axiomatic. The LC's role is to work closely with families and individuals and they are therefore more likely to be the point of contact for families who require assistance in the area of human relationships and sexuality education for their family member.

SECCA has, since its inception 25 years ago, developed a reputation for a service of excellence that is well known by the LC's and frequently works in conjunction with them to assure the best outcome for the family and clients. The development trials of new service models (My Way and NDIS) has also required attention to Annual Individual Goals and Plans which is attached to Individualized Funding. This has encouraged greater communication between the family, the individual and either the LC or the DSW. SECCA expects that this trend of addressing Human Relations and Sexual Health issues in a manner which will require the agency's expertise to continue.

The majority of referrals were a based on a request for SECCA to provide "Human Relationships and Sexuality Education" or "Protective Behaviors". These categories are very broad and do not capture the underlying issues that usually take two to three sessions to emerge. Psychotherapists have been struck by the increase in the number of people who attend for sessions for transgender related issues. There has also been a small but not insignificant increase in the number of siblings of individuals who have a disability accessing SECCA's services.

Despite the numbers of referrals for service SECCA, with prudent management of the caseload by Psychotherapists, the Wait List has been confined to approximately 4-6 months from the time of receipt of the Referral. A triage process that has been developed by SECCA over many years' experience assess those referrals that may need to be seen immediately and those that can be wait listed. As at June 30, 2016 there were 45 people on the Wait List. Again, given the size of SECCA and its limited human and financial resources, this is a remarkable achievement.

MANAGER'S REPORT 2015/2016

It is worth noting that a Psychotherapist following receipt by SECCA of a referral leaves no client without contact. If an appointment is not imminent, follow up telephone consultation is provided to contain the family until an appointment is available.

Requests for SECCA to conduct Professional and Community Training and Education remains constant. During 2015/16, 21 sessions were provided. Ten of these were a full day workshop. The others were a $\frac{3}{4}$ or $\frac{1}{2}$ day workshop. Topics covered were Sexuality and Disability, Protective Behaviors, Introduction to SECCA, and Sexuality Education and Cyber Safety. In turn SECCA has proudly shown its support by becoming a member of the Doors to Safety Project Advisory Group as well as agreeing to be part of the Disability Abuse and Neglect Taskforce, all of which promote the rights of people with disabilities.

Each year SECCA presents an Open Day for parents, individuals and workers from the disability sector. This year's topic was on Dealing with Sexuality Issues when Parenting a Child who has a Disability. It was extremely well attended. The 41 people who attended listened to parent, Leticia Grant from Kalparrin and Suzanne Paust, former Manager of SECCA talk about their individual experiences as parents of children who have a disability and how they manage issues relating to sexuality when they have arisen or arise. I thank them both for sharing their very personal stories. Doing so increased understanding of issues faced by parents.

Sexuality Education Resource Kit App. SECCA is proud to announce the development of an App that will assist parents, individuals, teachers to teach appropriate sexual behavior and sexual health to all ranges of disabilities is almost complete. It will be a world first! The capacity of the App to reach across disability and language groups is incredible.

SECCA is very excited to have been the creator of such an amazing resource. I thank the Disability Services Commission for supporting SECCA through funding the App together with devices (GAZE TV) so as many people as possible who have a disability have access to it.

The disability sector is currently reviewing the trials of two different service models in Western Australia. One is NDIS, the Federal Government's disability funding programme. The other is "My Way", the State Government's disability funding programme. This represents a massive restructuring of the sector. Both governments have shifted to client-based funding and payment in arrears rather than in advance. Non-government not for profit agencies such as SECCA may face difficult decisions.

SECCA has undertaken to develop a Strategic Plan from which an implementation Business Action Plan can be established. This will position SECCA with a strategic view for the next 1-3 years at the same time reviewing the changing external environment including funding, technology and commercialization pathways.

We look forward to this process culminating in SECCA being able to continue to be recognized as a best in class provider to enable the organization to attract future funding.

MANAGER'S REPORT 2015/2016

SECCA received funding to develop and install a Data Processing System. This will enable the extraction of data across the client demographic, which will be invaluable in identifying trends in our service provision. The Data System is extensive in terms of the information that can be analyzed. SECCA envisages that the information will not only assist the agency in ensuring service provision is contemporary, incisive and informed but will also inform the field of Sexology. The potential for gathering data previously hidden is remarkable.

SECCA has re-branded! With the inception of the App it became clear that SECCA's web page required updating and expanding consistent with the agency expansion. Our library is the best in Western Australia in regard in sexuality and disability and I wanted to ensure people living in rural and remote communities could access the resources. I am also aware that there are people who have a disability who find it difficult to come into the office so it would be helpful if they could identify a resource and request it be posted to them. It was also considered that it was time to re-brand and re-write material describing the agency and our role within the disability sector.

Our web site is now launched. At all times guidelines from DSC regarding font size and colour have been adhered to. The language is clear. We hope that it will continue to provide an opportunity for people to access our services independently if required.

I would like to take this opportunity to thank every member of the SECCA team. It is a privilege to work with a group of professional and committed individuals. They continue to demonstrate respect to our clients through thorough, well thought through and supportive service provision. Providing Counselling, writing Policy & Procedures, writing up and conducting Professional & Community Workshops, Developing Apps. All these tasks are undertaken with utmost professionalism.

I also would like to thank Media on Mars for their expertise and patience as we traversed the rocky roads of first developing the App, then the web page, then SECCA's new branding. Their ingenuity and their understanding of SECCA and how we wanted to be represented is appreciated.

My thanks to SECCA's voluntary Board of Management for their support and contribution to the agency. In particular I would like to thank Corinne Wray and Jillian Pearsall-Jones SECCA's Co-Chairperson. Both have been on the Board for over eight years. They have announced they will be resigning from the Board of Management. I wish them all the best in their retirement from this role.

Finally, my thanks to our funding bodies. Disability Services Commission and the Department of Health. Their funding of SECCA allows us to continue to provide positive input into the lives of our clients.

Juana Terpou
Manager