

YOU CAN'T GET HIV/AIDS FROM...



Kissing



Hugging



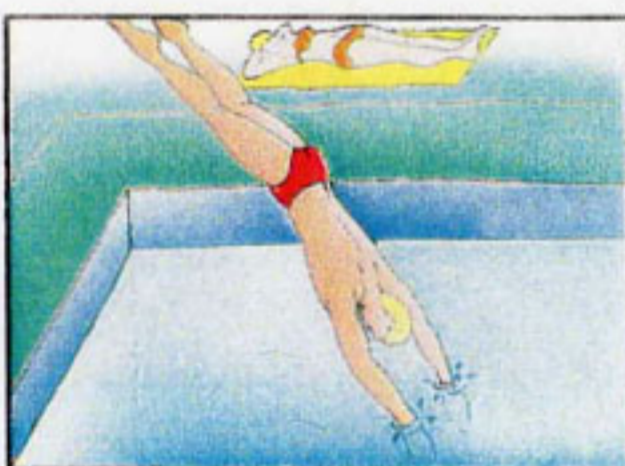
Toilet seats



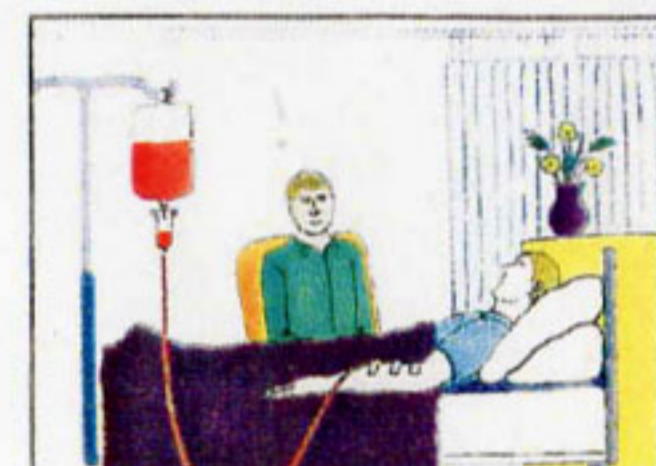
Cutlery or food



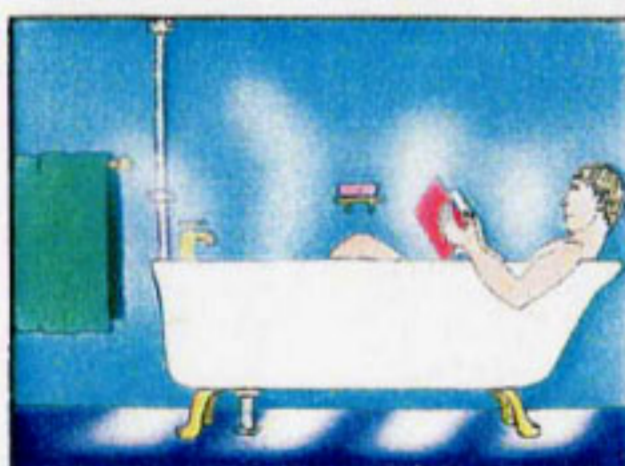
Insects or pets



Swimming pools



Blood transfusion in Australia

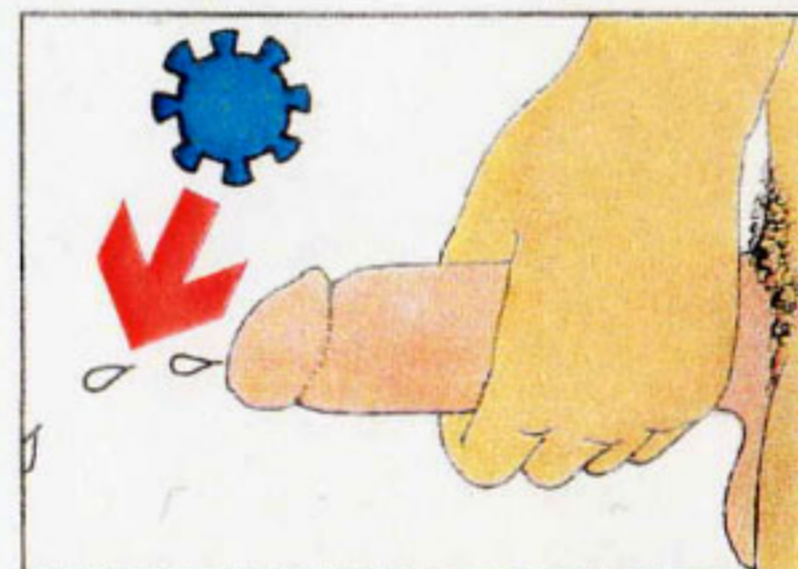


Baths or towels

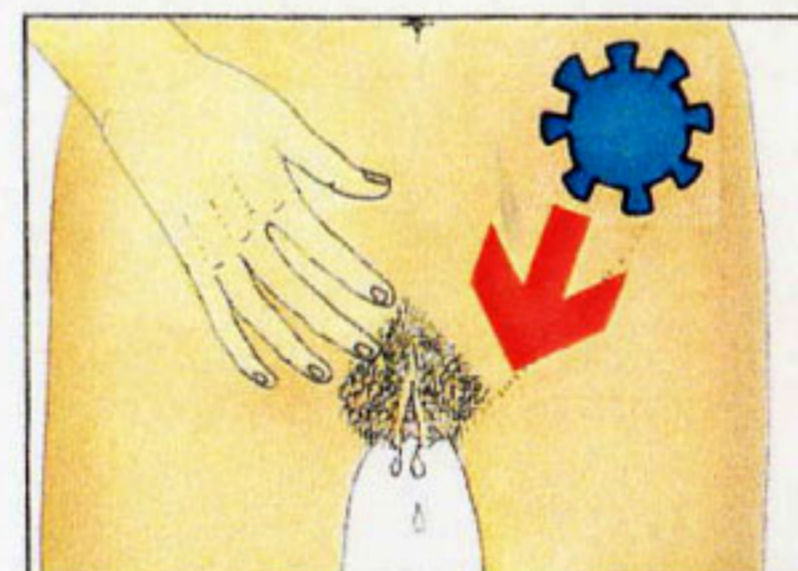
Anyone - you, me, straight, gay, bisexual, young or old, child or adult CAN GET HIV/AIDS

How?

The only way to get HIV is by getting blood, semen, or vaginal fluid into your body.



HIV CAN BE FOUND IN SEMEN OR



VAGINAL FLUID OR



BLOOD

What is HIV?

Human = Body/person

Immuno-deficiency = Body defence gets weak

Virus = Germs

What is AIDS?

Acquired = Get

Immune = Body fights against illness

Deficiency = Body becomes too weak

Syndrome = A group of illnesses

When you have AIDS it means that your body will become too weak to fight against illnesses and you may die.

AIDS comes from the virus called HIV.

WHERE TO GET HELP

secca (sexuality education counselling & consultancy agency)
2 Delhi Street, West Perth
Telephone: 9420 7226

WA AIDS Council
664 Murray Street, West Perth
Telephone: 9482 0000

FPWA (Family Planning WA)
70 Roe Street, Northbridge
Telephone: 9227 6177 (Toll Free: 1800 198 205)

Fremantle Hospital B2 Clinic
Alma Street, Fremantle
Telephone: 9431 2149

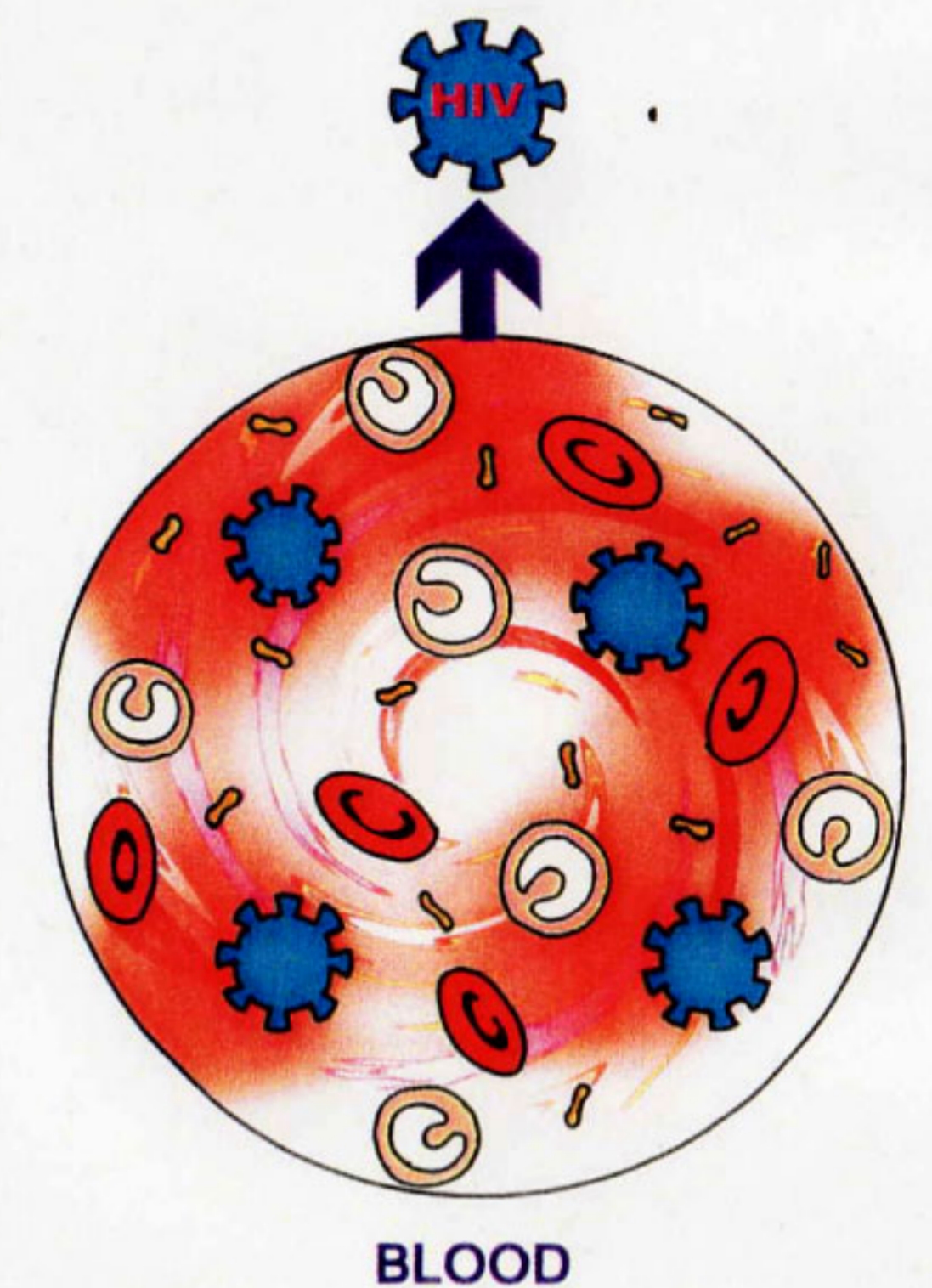
Royal Perth Hospital Sexual Health Clinic
197 Wellington Street, Perth
Telephone: 9224 2178

Derbarl Yerrigan Health Service
156 Wittenoom Street, East Perth
Telephone: 9421 3888

Developed by **secca**, with support from the Sexual Health and Blood-borne Virus Program, Department of Health
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SEXUAL HEALTH and HIV/AIDS



BLOOD

ANYONE CAN GET HIV
the virus that causes AIDS

If you have sex without a condom, with a person who has HIV, you may get HIV.

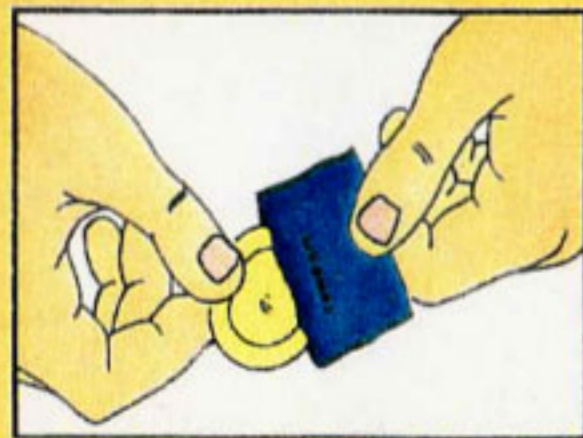
Anyone you know, male or female, could have HIV.

A person with HIV may look perfectly well.

A person with HIV may not know they have it.

A person with HIV may give it to you if you have sex without a condom.

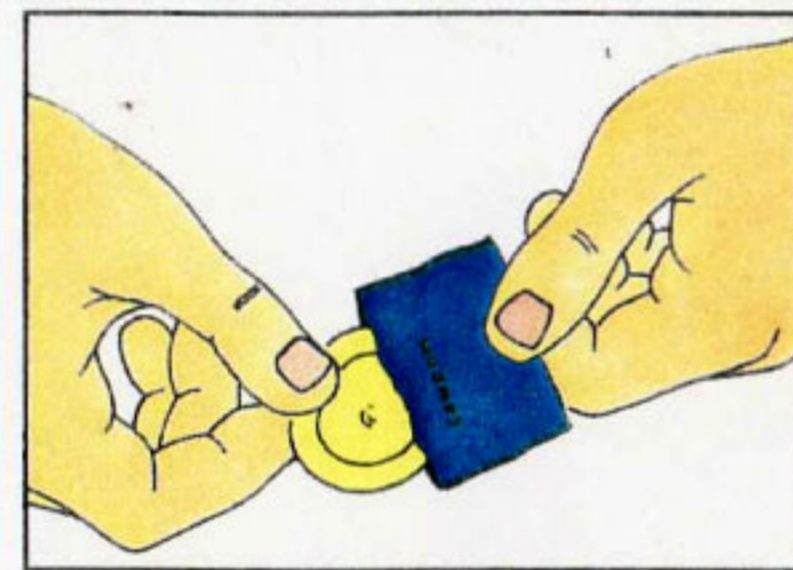
**ALWAYS USE
CONDOMS**



**HOW TO STOP
GETTING HIV**

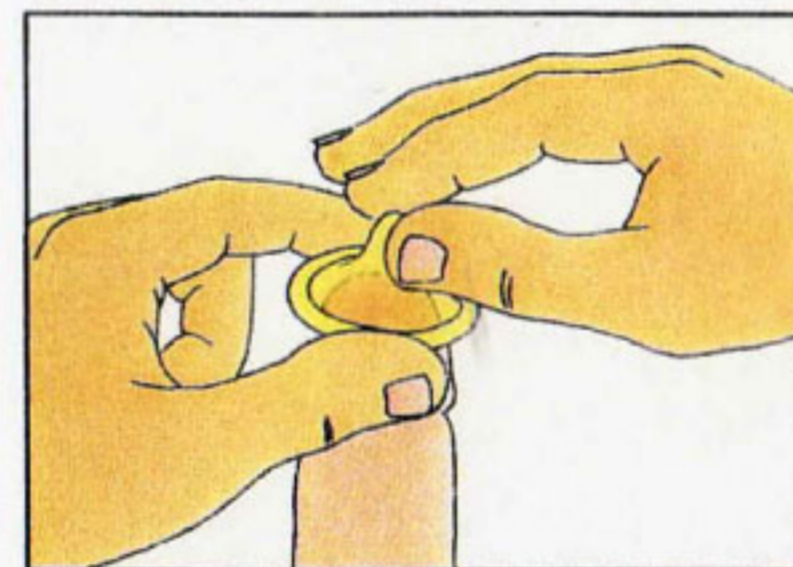


FOLLOW THESE SIMPLE STEPS



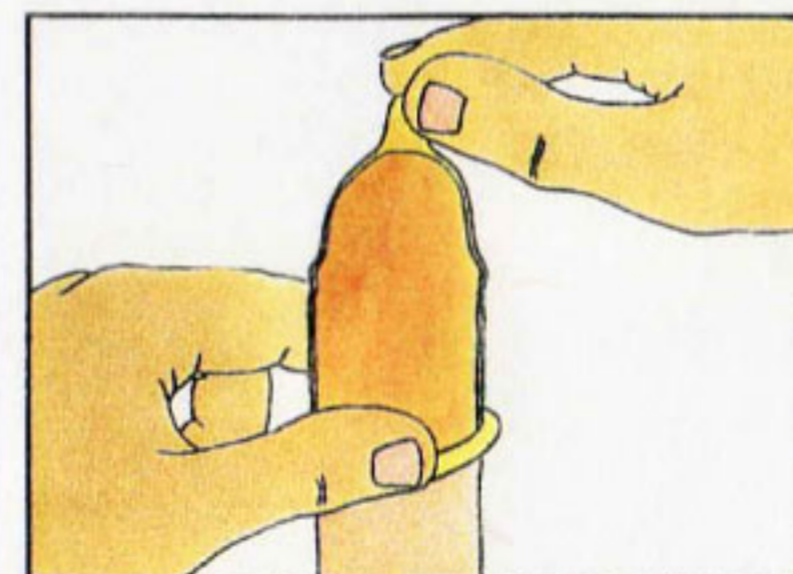
1

Take the condom out of the packet



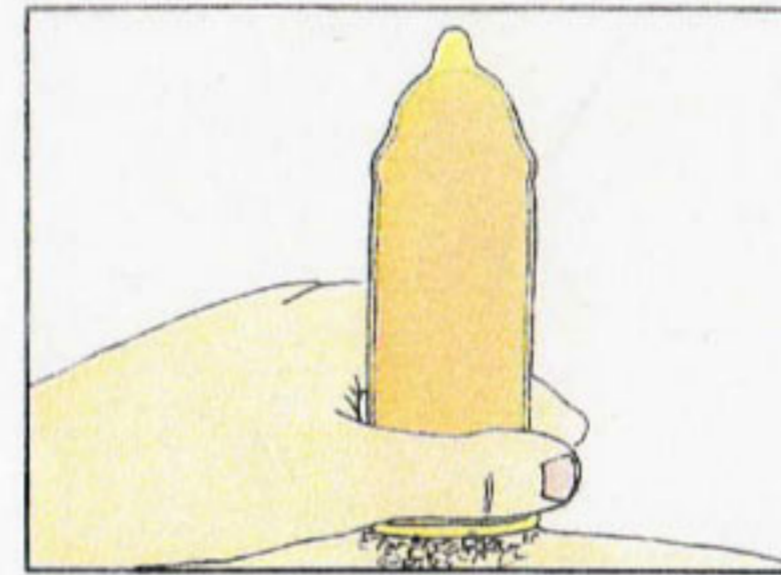
2

Squeeze the air out of the tip



3

Roll the condom onto the hard penis



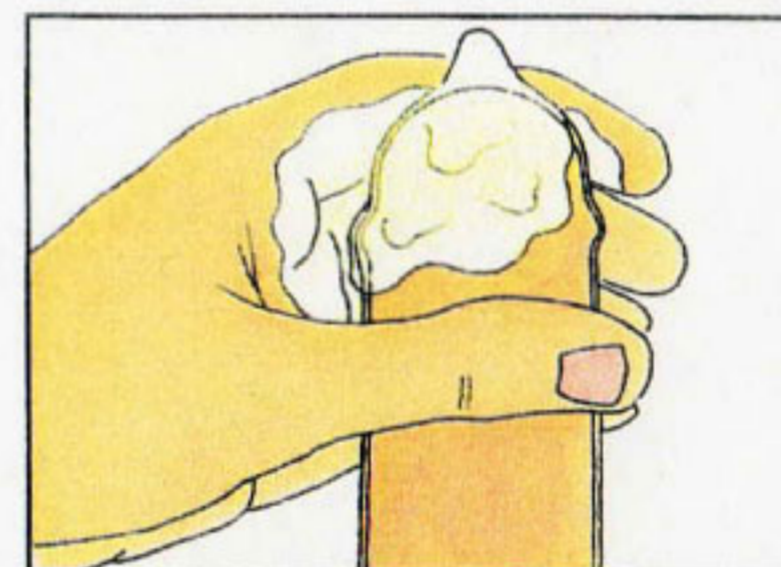
4

All the way down



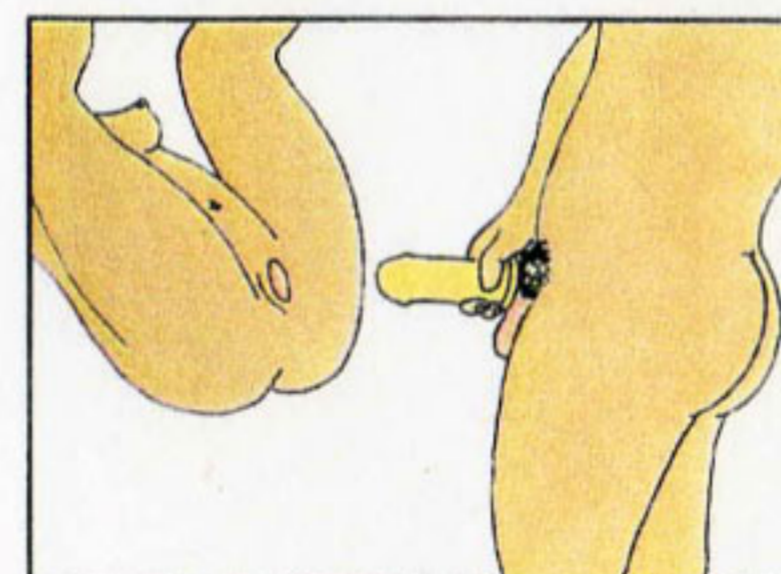
5

Squeeze some lube out of the tube



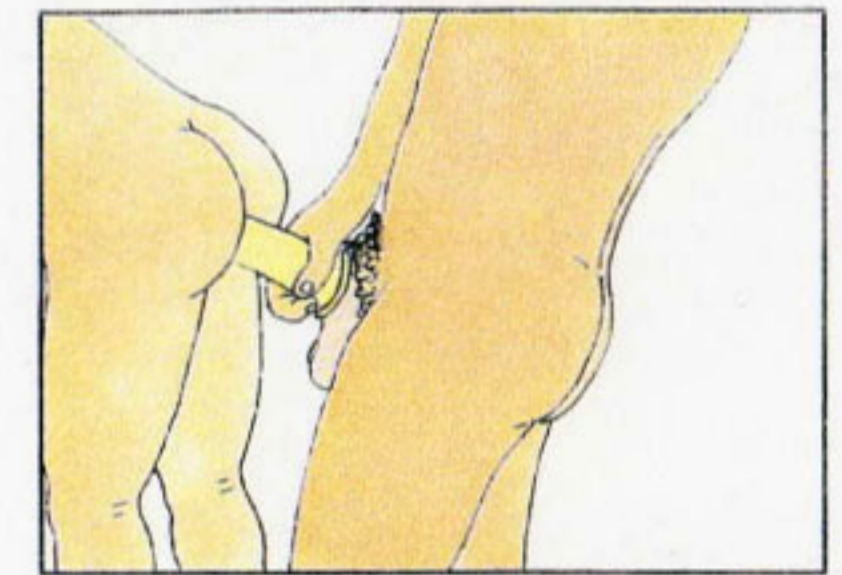
6

Put lube on the outside of the condom



7

Use a condom for safer vaginal sex



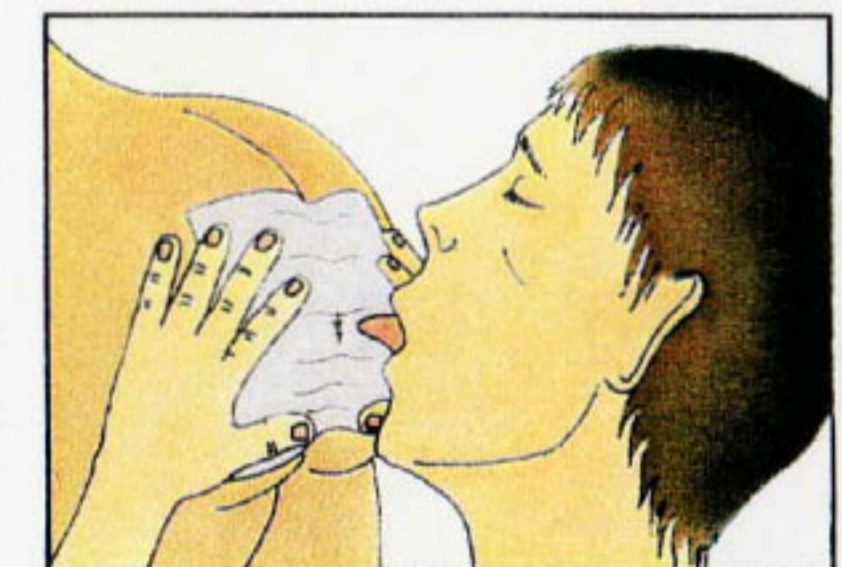
8

Use a condom for safer anal sex

SAFER ORAL SEX



Use a condom for safer oral sex



Use a dental dam for safer anal-oral sex



Use a dental dam for safer vaginal-oral sex