

Ability Relationships Sexuality

Individual situations,
unique solutions.



Breaking Taboos

The subject of sexuality and disability is often referred to as "the double taboo". This is because both subjects are frequently met with curiosity, stigma, myths and misconceptions.

As a consequence, individuals with disabilities may be denied the right to education and counselling about sexual health, relationships and sexual expression.

SECCA (Sexuality, Education, Counselling and Consultancy Agency) is a non-government, not-for-profit agency that has been providing education, counselling and consultancy to individuals who have a disability, their families and significant carers since its inception in 1991. We have a reputation for providing a service of excellence.

Counselling

SECCA provides one to one counselling around all issues which pertain to sexuality and disability. Our staff have tertiary qualifications in disciplines such as counselling, social work, psychology, sexology and forensic sexology.

The sessions are tailored to suit the needs, age and abilities of the individual. Our therapeutic approach is multidisciplinary and, depending on the individual's physical and cognitive capacity, we utilize resources from our extensive library to support the counselling sessions.

Our counselling services are available for people with the following disabilities:

- + Developmental
- + Multiple
- + Physical
- + Sensory
- + Acquired Brain Injury
- + Some Psychiatric

As well as families, friends, carers and partners.

Workshops

SECCA develops and conducts workshops for workers from the disability sector, teachers, carers and parents.

Workshops such as:

- + Values and Attitudes
- + Sexuality & Disability
- + Puberty & Adolescence
- + Protective Behaviours
- + Internet Safety
- + Customised workshops on specific topics – talk to us for more information

We aim to:

- + Provide practical & useful information
- + Develop strategies that can be implemented
- + Increase self-awareness & confidence
- + Learn to assist people with disabilities to make their own informed choices

Contact Us

Call (08) 9420 7226

Email admin@secca.org.au

Visit secca.org.au

Our website contains helpful resources, information, referral forms and details on upcoming workshops.

Remember, you don't need a medical referral to access SECCA.

Consultancy

Our highly qualified staff are happy to provide information, strategies and best practice in regard to sexuality within the home and at the workplace to parents, schools, service providers or anyone seeking assistance. There is no charge for this service. Please contact SECCA for information about how we can help.

Resource Library

We have developed a comprehensive resource library covering sex education, sexual health, relationships and counselling in regard to people with a disability. The resources cater to all age groups. The library is on site and open during business hours. If you require information relating to a particular issue, a prior appointment can be made with one of our staff who will assist you.

Knowledge + Support

SECCA's purpose is to support people who have a disability, their families, carers and partners to learn about human relationships, sexuality and sexual health across the lifespan and make informed choices, within the individual's capacity, to enhance the quality of their lives.

Reaching Out

SECCA is based in the Perth metropolitan area. We offer Consultancy and Community and Professional Education Workshops in most rural areas.



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